A Type 1 Diabetes Diagnosis Can Impact Everyday Life

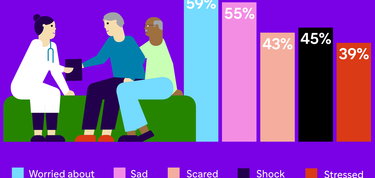
This infographic summarizes survey data* about the impact that families in Belgium and the Netherlands have felt when being diagnosed with autoimmune Type 1 Diabetes (T1D).

In line with findings in the scientific literature,[1-10] it is found that autoimmune T1D diagnoses can take a toll on entire families.

The majority of people who have responded to this survey have had a wide array of negative experiences from the disruption to everyday life that was caused by the diagnosis.

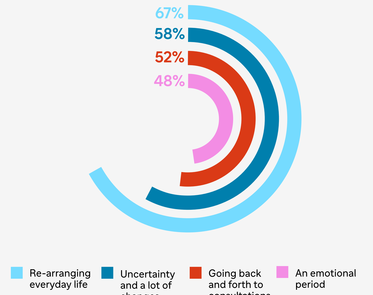
There is a substantial emotional impact on people diagnosed with autoimmune T1D.

What emotions do people remember feeling when they themselves, their partner, or their child was diagnosed with autoimmune T1D?



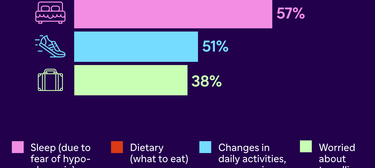
Many people feel that the early days of being diagnosed with autoimmune T1D pose challenges of reorganizing daily life, and 1 in 2 feel well-supported by HCPs.

What characterized the early days for families as they began life with autoimmune T1D?



In the lives of the newly diagnosed, the biggest changes are dietary adjustments, sleep disturbances, and adjustments to social life.

Which parts of the family's life were significantly changed after getting diagnosed with autoimmune T1D?



If it was a possibility to have other family members tested for risk of developing autoimmune T1D, the majority of people who have firsthand experience of diagnoses answer:

Yes, I believe that would be beneficial to know

Disclaimer

* Present infographic is produced based on data collected by Sanofi via Facebook ads linking to a survey questionnaire. The respondents who supplied the data are anonymous volunteers with non-validated, personal experiences of diagnoses for autoimmune Type 1 Diabetes. The voluntary self-reporters of this survey data reside in the following countries: Belgium: 172 | The Netherlands: 140

References

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MAT-BE-2500110-V1.0-Jan2025