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Lionization Phenomenon: Random or Predictable Event?

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Lionization Phenomenon: Random or Predictable Event?

Prof.Dr.Hüseyin Onay M.D.,Ph.D.

MULTIGEN Genetic Diseases Diagnosis Center, Turkey

GENE2INFO Health Informatics, Turkey

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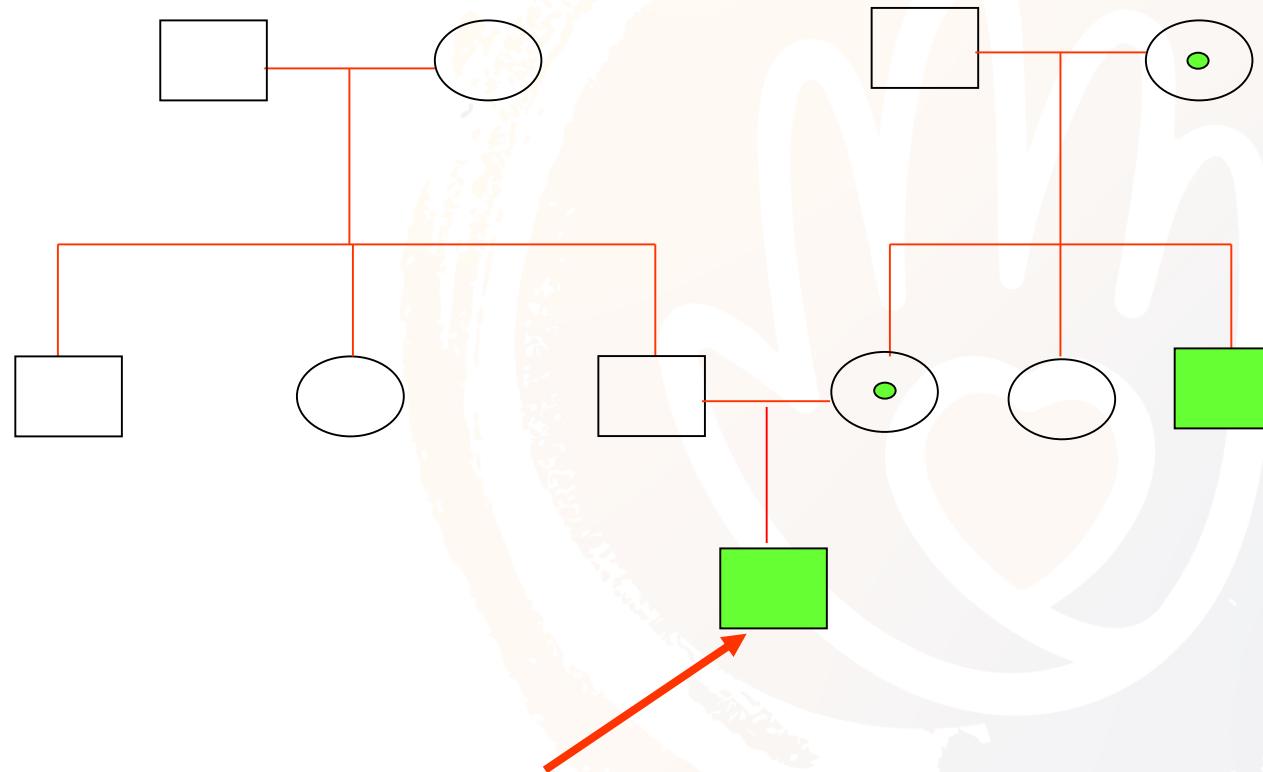
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FRASE DE SALVAMENTO

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X-Linked Recessive Inheritance



Hemizygous

Female Patients with Heterozygous Mutations

article

January 2007 • Vol. 9 • No. 1

Heterozygous Fabry women are not just carriers, but have a significant burden of disease and impaired quality of life

Raymond Y. Wang, MD^{1,2}, Alicia Lelis, MS¹, James Mirocha, PhD³, and William R. Wilcox, MD, PhD^{1,2,4}

Purpose: To determine if there is significant symptomatology in women with heterozygous α -galactosidase mutations. **Methods:** Data from medical records of the 44 heterozygous females followed at Cedars-Sinai Medical Center were compiled and analyzed for symptoms of Fabry disease. Quality of life data were also analyzed. **Results:** Seventy-six percent were referred due to an affected male relative; 76% reported acroparesthesias as their first symptom. A mean of 15.7 years elapsed from onset of first symptoms to the diagnosis. Quality of life, measured by the SF-36 survey, was globally reduced. Pain affected mood and enjoyment of life. Central/peripheral nervous, cardiopulmonary, and renal system manifestations of Fabry disease were present far above that predicted for random X-inactivation of the normal allele. Fatigue, present in 59%, was associated with reduced maximum oxygen consumption ($P = 0.049$); exercise intolerance, present in 83%, was associated with reduced maximal heart rate during exercise testing ($P = 0.0089$). Women diagnosed via family history experienced more angina ($P = 0.035$), decreased vibration sense ($P = 0.026$), and had a worse percentage predicted FEF_{25–75} ($P = 0.037$) compared to women diagnosed because of symptoms. **Conclusions:** This study indicates that the asymptomatic female carrier of Fabry disease is the exception, not the rule: heterozygotes suffer from significant multisystemic disease and reduced quality of life and must be monitored and treated accordingly. *Genet Med* 2007;9(1):34–45.

Key Words: Fabry disease, female, heterozygote, natural history, outcome, SF-36, symptom, quality of life

Neurologic and psychiatric data for the CSMC Fabry heterozygote cohort

| | No. positive | N | Prevalence |
|--------------------------------------|--------------|----|------------|
| TIA | 9 | 37 | 24% |
| Stroke | 8 | 36 | 22% |
| Brain MRI c/w stroke/white matter Δs | 8 | 25 | 32% |
| Tinnitus | 22 | 38 | 58% |
| Hearing loss | 14 | 38 | 37% |
| Hypohidrosis | 25 | 42 | 60% |
| Temperature intolerance | 19 | 39 | 49% |
| Decreased vibration sense | 33 | 42 | 79% |
| Acroparesthesia | 26 | 40 | 65% |
| Depression/antidepressant use | 21 | 34 | 62% |
| Anxiety/anxiolytic use | 13 | 33 | 39% |

Renal data for the CSMC Fabry heterozygote cohort

| | No. positive | N | Prevalence | |
|--|--------------|------|------------|----|
| CrCl <90 mL/min/1.73 m ² | 21 | 36 | 58% | |
| CrCl <60 mL/min/1.73 m ² | 7 | 36 | 19% | |
| End-stage renal disease | 5 | 40 | 13% | |
| 24-h urine microalbumin >30 mg | 8 | 10 | 80% | |
| 24-h urine protein >150 mg | 10 | 18 | 56% | |
| | Mean | SD | Median | |
| Blood urea nitrogen (mg/dL) | 18.8 | 15.3 | 14 | 39 |
| Serum creatinine (mg/dL) | 1.3 | 1.8 | 1.8 | 39 |
| Creatinine clearance (mL/min/1.73 m ²) | 80 | 33.3 | 83.3 | 35 |
| 24-h urine microalbumin (mg) (normal <30 mg) | 621 | 1540 | 88 | 10 |
| 24-h urine protein (mg) (normal <150 mg) | 1343 | 2625 | 191 | 18 |

Cardiac data for the CSMC Fabry heterozygote cohort

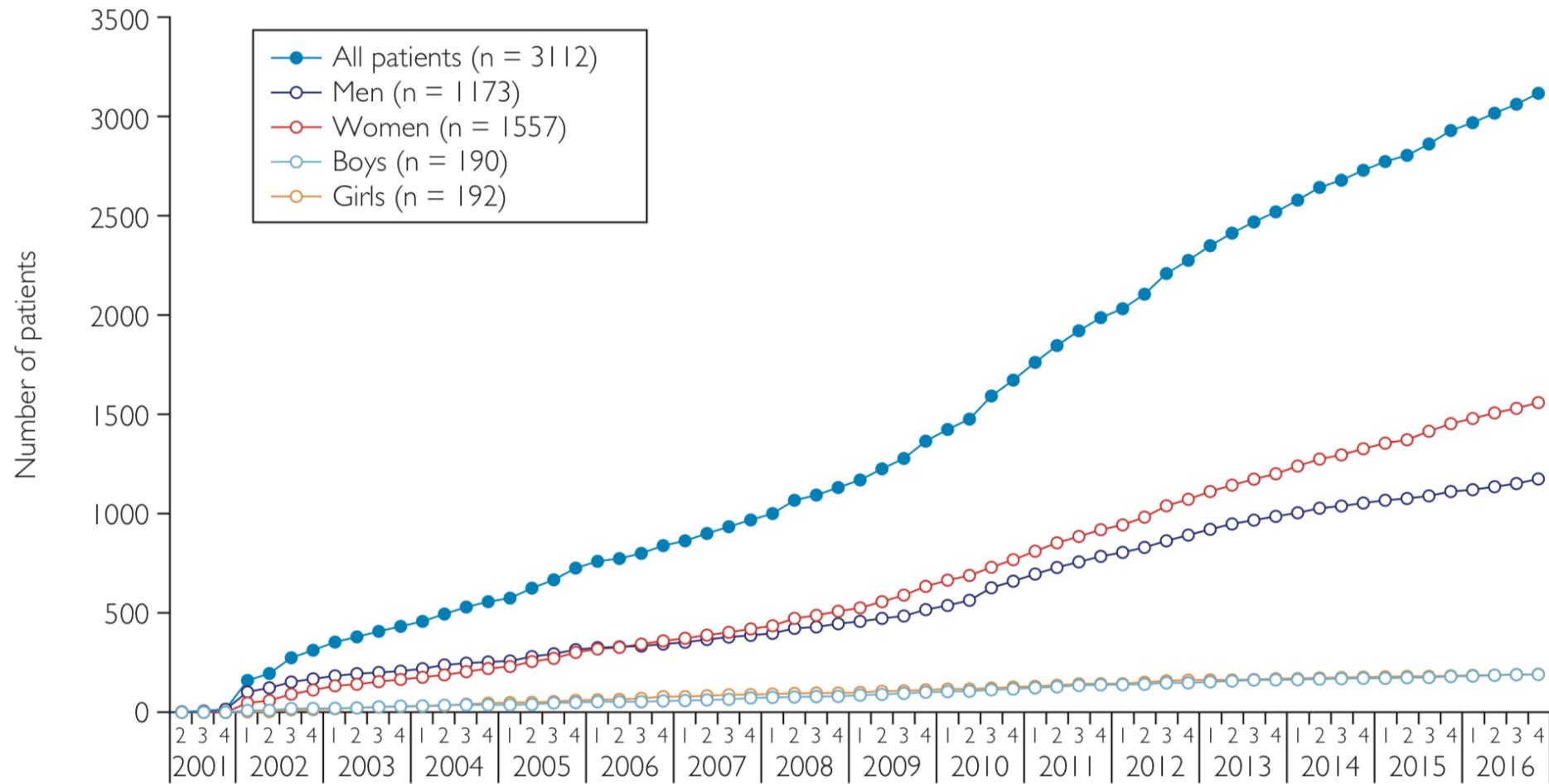
| | No. positive | N | Prevalence | |
|------------------------------------|--------------|-----|------------|----|
| Angina | 10 | 36 | 28% | |
| Hypertension | 16 | 37 | 43% | |
| Palpitations | 8 | 38 | 21% | |
| EKG abnormalities | 25 | 33 | 76% | |
| Mitral/aortic insufficiency | 18 | 31 | 58% | |
| LVH (by EKG and/or Echocardiogram) | 8 | 34 | 24% | |
| | Mean | SD | Median | |
| Heart rate (BPM) | 67 | 12 | 66 | 39 |
| PR interval (ms) | 155 | 23 | 152 | 32 |
| IVS _d (mm) | 9.9 | 1.4 | 10 | 28 |
| LVPW _d (mm) | 10.1 | 1.7 | 11 | 28 |
| EF% | 58 | 7.6 | 58 | 27 |

Wang RY et al. Genet Med (2007)

Fabry Registry-2013

| | Men | Women |
|---|--------------|--------------|
| Total Number of Patients Enrolled, N | 2144 | 2338 |
| Regional Enrollment, n (%) | | |
| Europe | 843 (39.3) | 944 (40.4) |
| North America | 872 (40.7) | 1019 (43.6) |
| Asia Pacific | 199 (9.3) | 217 (9.3) |
| Latin America | 230 (10.7) | 158 (6.8) |
| Current Age*, All Patients (yrs) | | |
| n | 2141 | 2333 |
| Mean (SD) | 40.1 (16.75) | 44.4 (17.92) |
| Median | 41.8 | 45.1 |
| Q1,Q3 | 27.9,52.8 | 30.7,57.7 |
| Min, Max | 1.8,87.0 | 1.2,92.2 |
| Current Age Distribution, n (%) | | |
| Age ≥18 years | 1904 (88.8) | 2148 (91.9) |
| Age <18 years | 237 (11.1) | 185 (7.9) |
| Age at Fabry Diagnosis (yrs) | | |
| n | 2123 | 2263 |
| Mean (SD) | 27.8 (17.20) | 33.9 (18.05) |
| Median | 26.4 | 33.0 |
| Q1,Q3 | 13.9,40.2 | 19.2,47.4 |
| Min, Max | 0.0,81.1 | 0.0,82.4 |

Fabry outcome survey-2016



Female Fabry Cases

Two different groups of cases

1.Cases who have severe disease like males

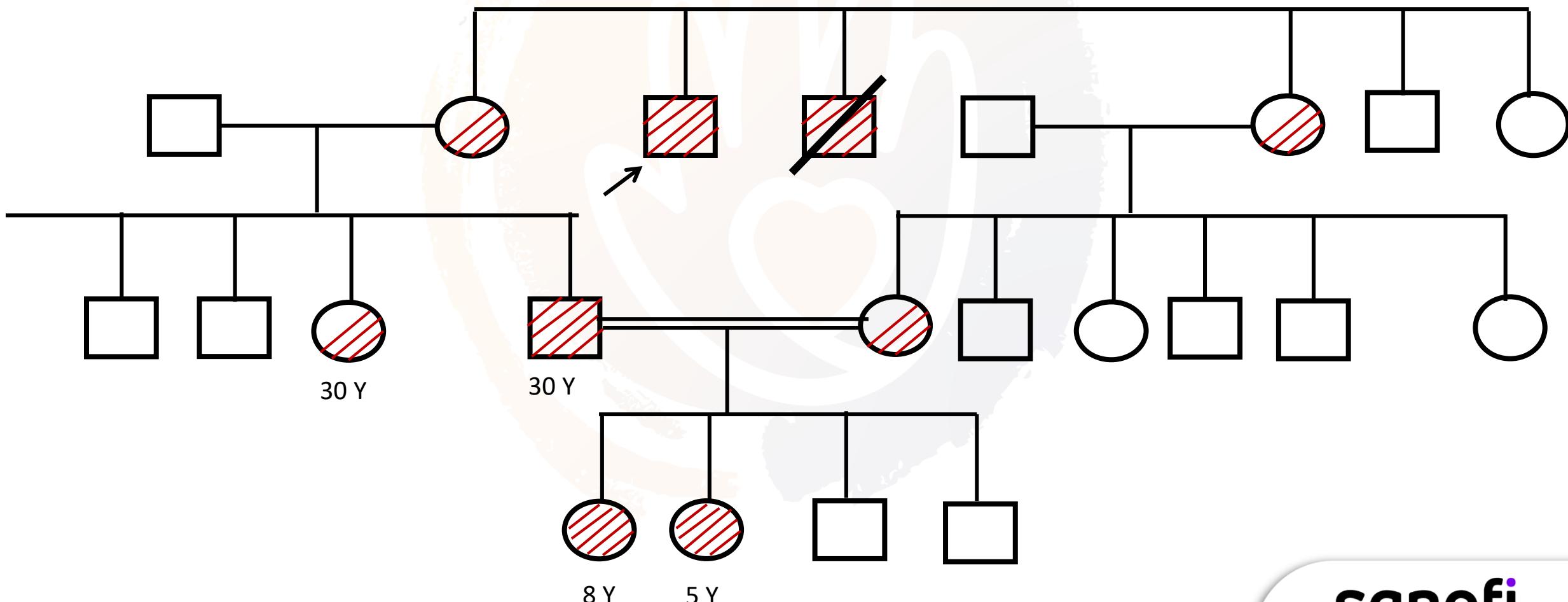
- Affected father, carrier mother
- Turner Syndrome cases (45,X)
- Uniparental isodisomy

2.Heterozygous carriers who present clinical features

- Skewed X inactivation
- Gene specific epialleles

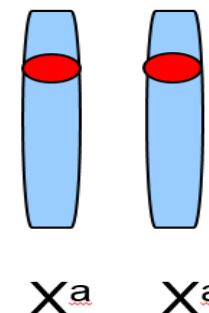
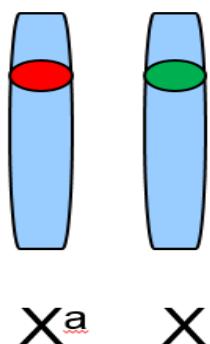
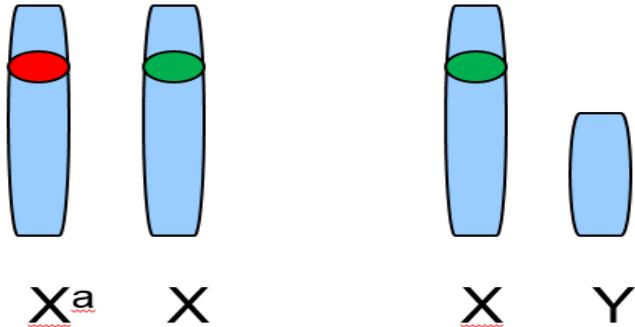
Female Fabry Cases

p.P409L (c.1226 C>T)



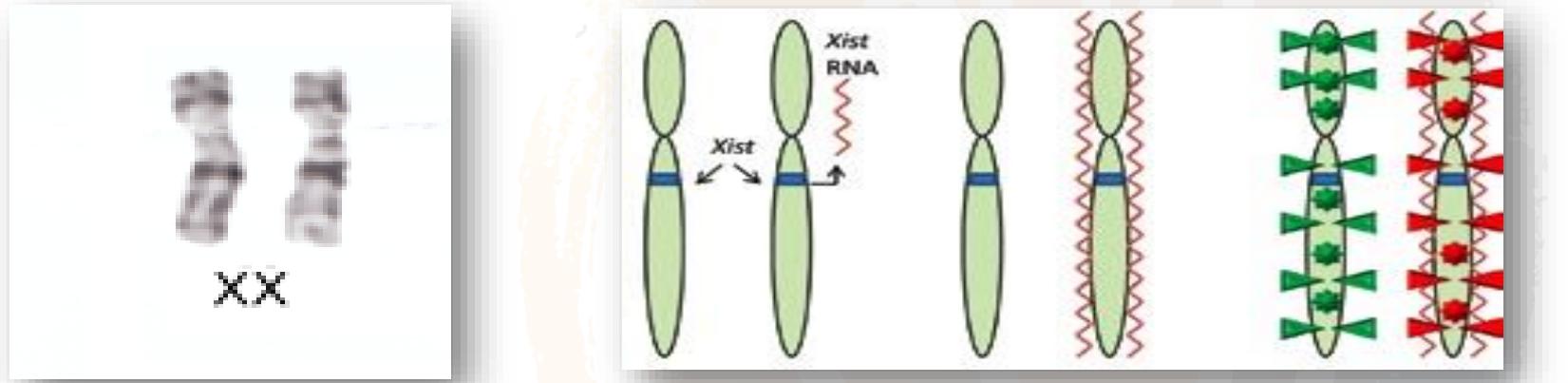
Female Fabry Cases

- Uniparental isodisomy

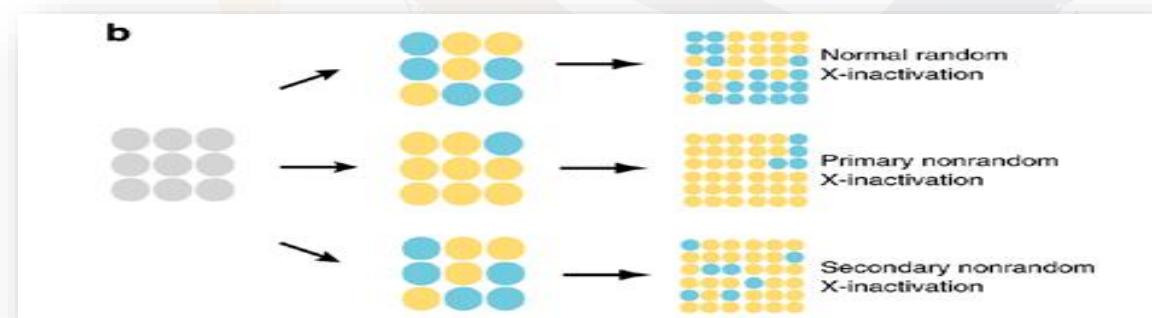


Female Fabry Cases

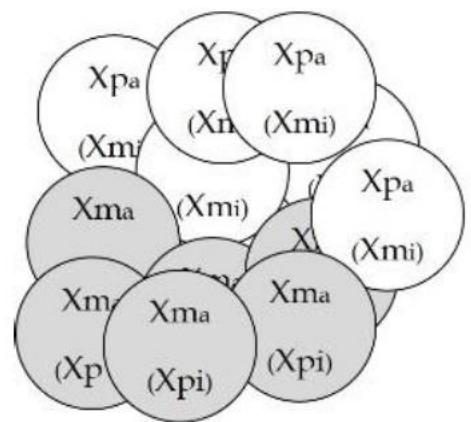
Random X inactivation



Skewed X inactivation

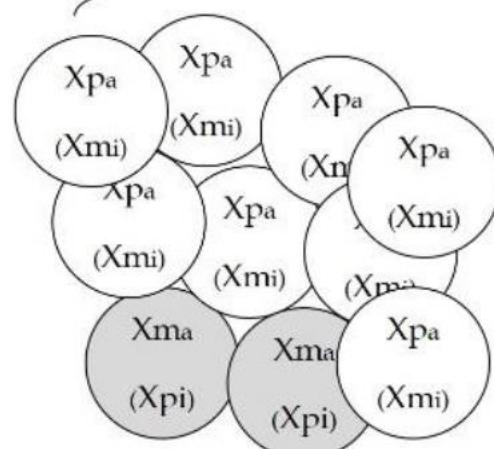


RANDOM

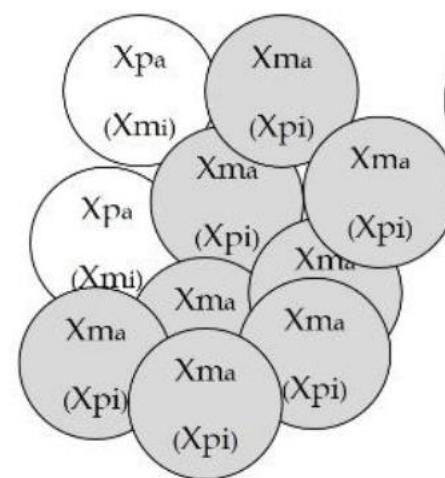


$$X_{pa} : X_{ma} = 50 : 50$$

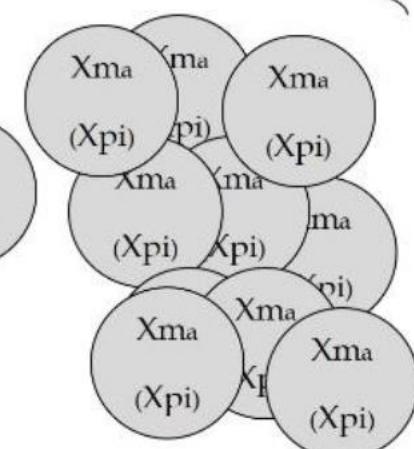
SKEWED



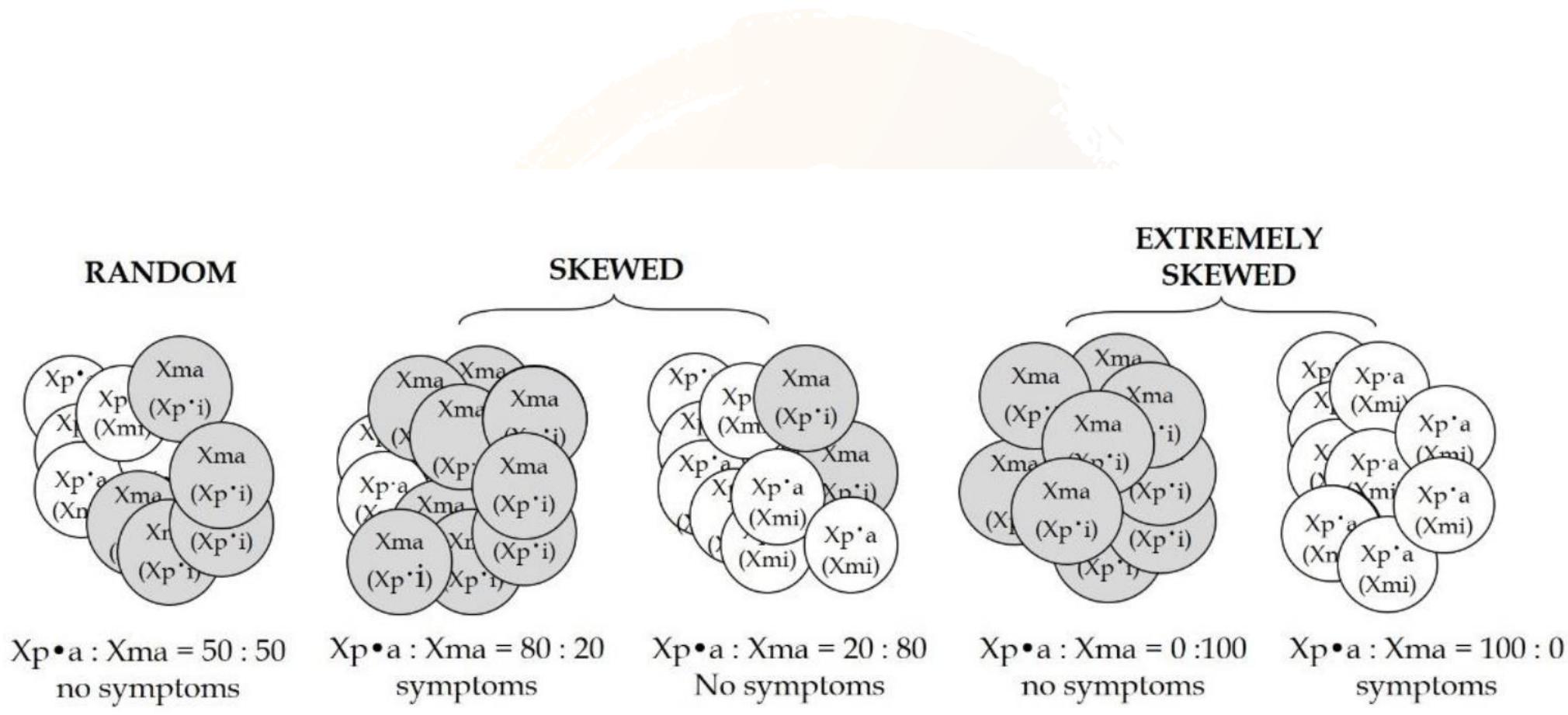
$$X_{pa} : X_{ma} = 80 : 20$$

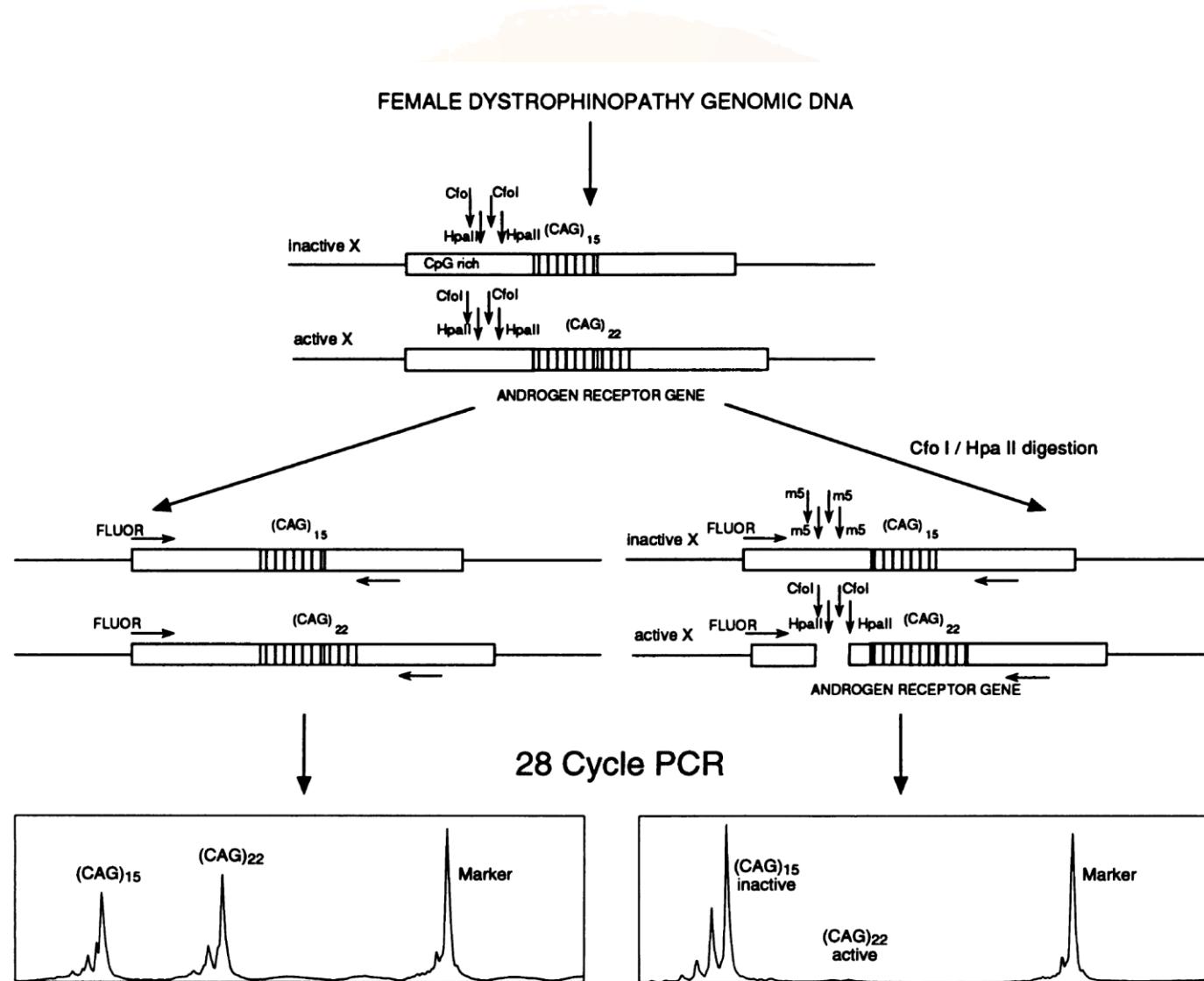


$$X_{pa} : X_{ma} = 20 : 80$$



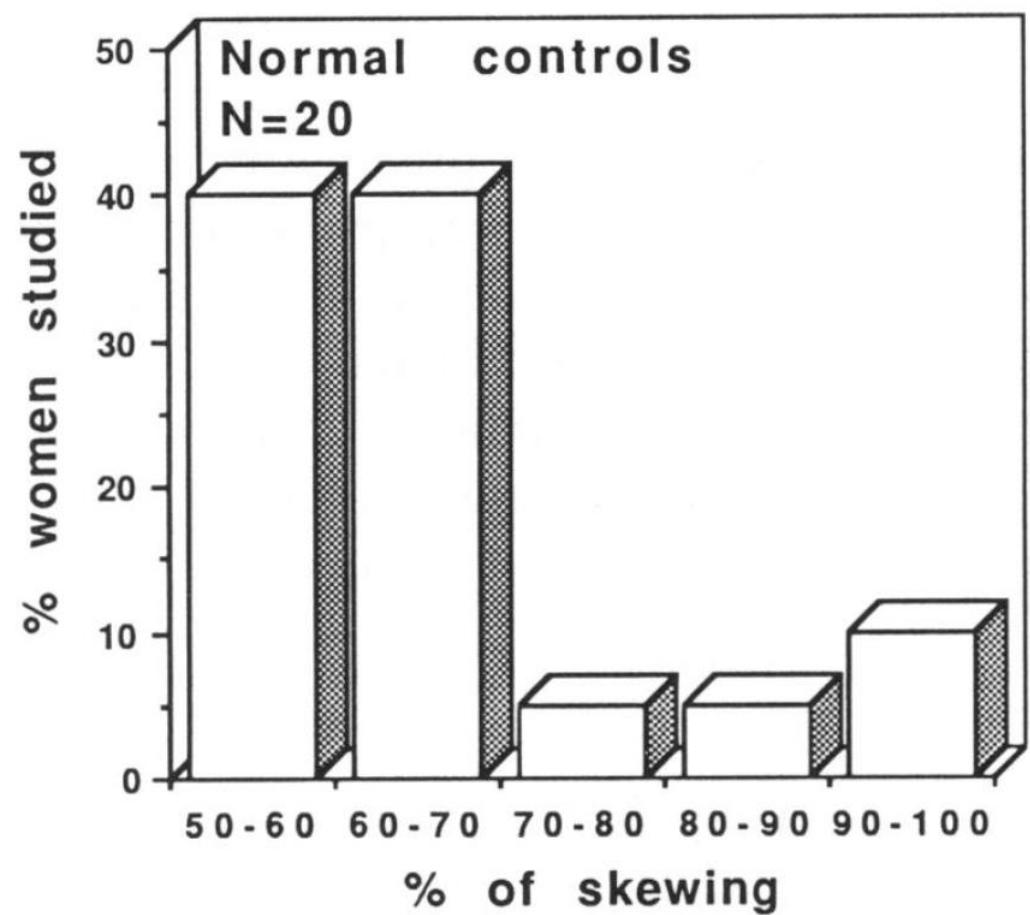
$$X_{pa} : X_{ma} = 0 : 100$$



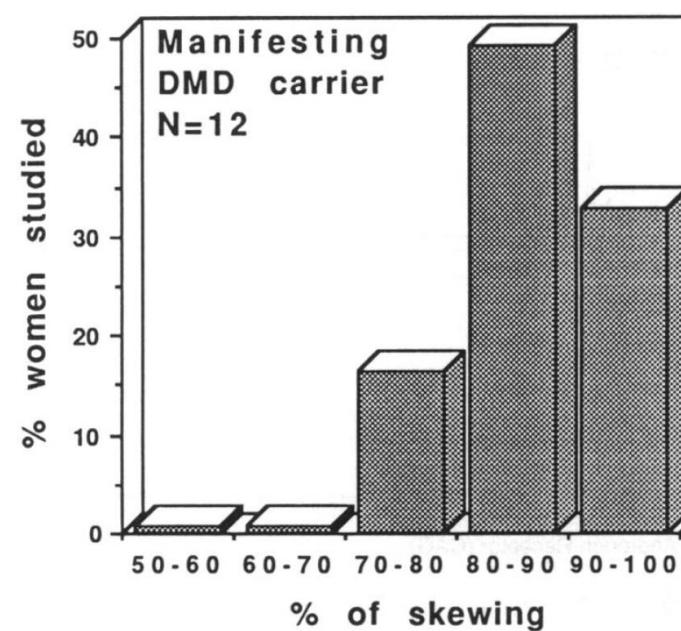
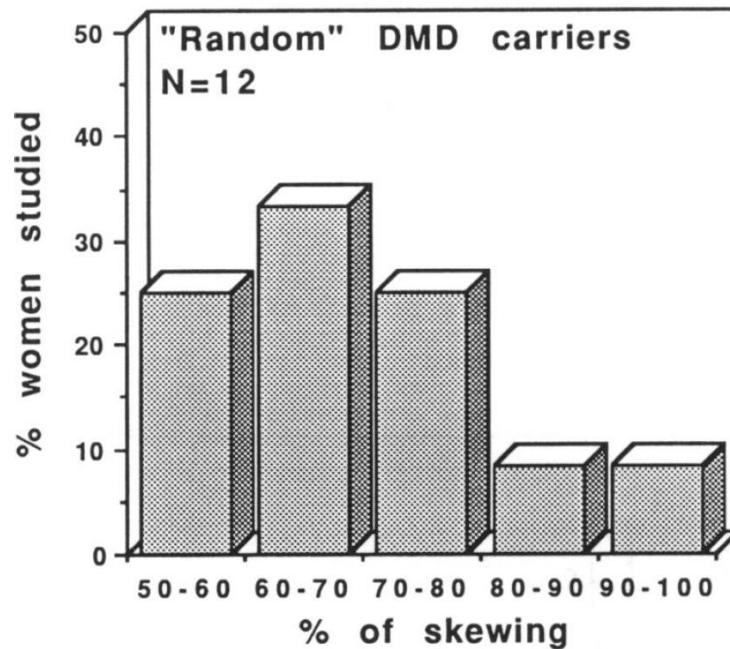


Pegoraro E et al., Am.J. Hum. Genet., 1994

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- 10-15% of females have nonrandom XCI by chance.
- Increases with age



-Nonrandom XCI ratio: 86:14 to 100:0

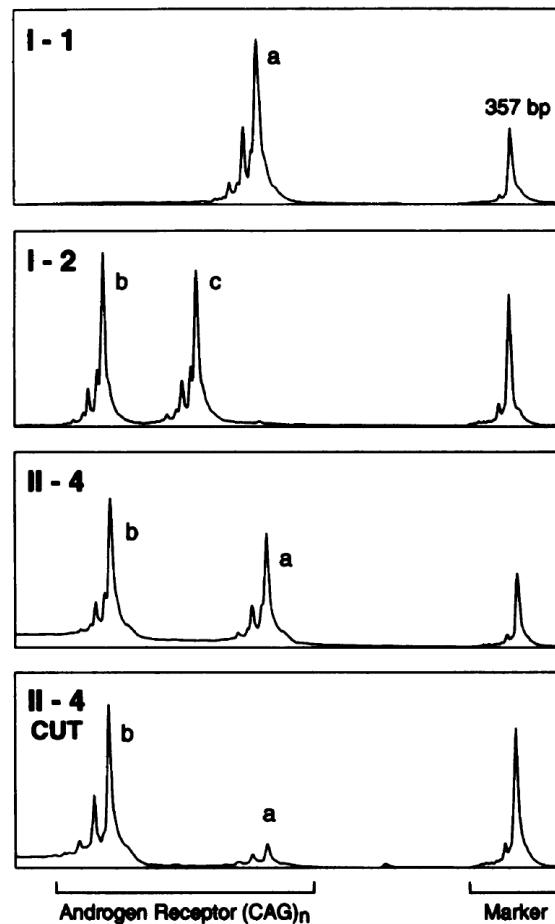
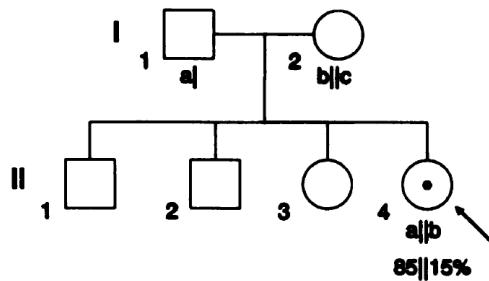
- Suggests nonrandom pattern of XCI in tissue type tested

Random XCI ratio: 50:50 to 74:26

- Suggests random pattern of XCI in tissue type tested

-Uninformative result: XCI ratio cannot be determined.

- Maternally and paternally derived X chromosomes could not be distinguished

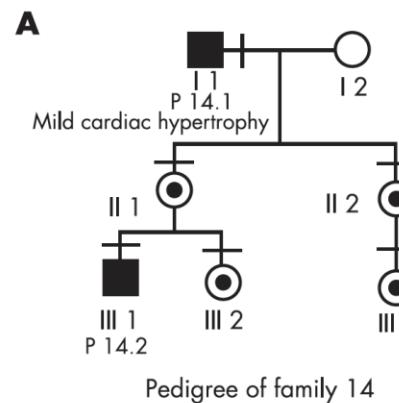


Pegoraro E et al., Am.J. Hum. Genet., 1994

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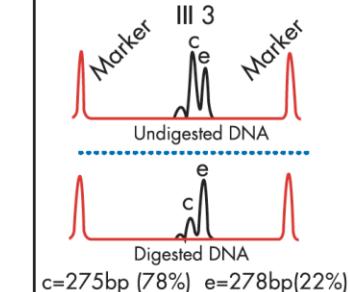
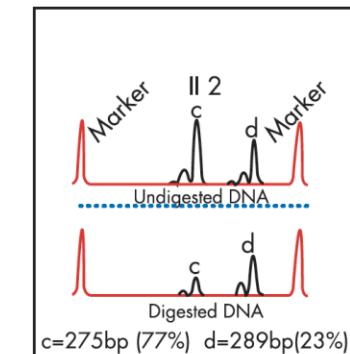
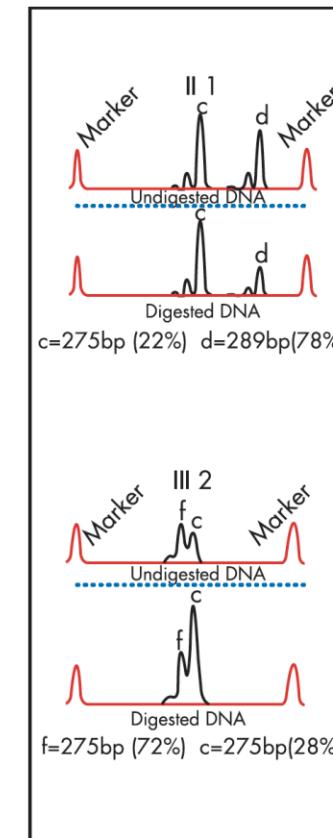
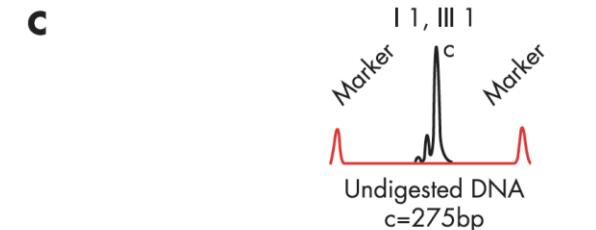
Limitations

- Testing is limited to XX females only
- The assay will be uninformative in up to 20% of females due to homozygosity for the polymorphic AR gene locus analyzed
- XCI patterns may differ among tissues
- Test will not determine if the X-inactivation pattern is associated with rearrangements of the X chromosome
- If nonrandom XCI pattern is present, the parent of origin of the active X cannot be determined without testing parental samples
- Test is not recommended for prenatal diagnosis because XCI levels may differ in prenatal specimens and whole blood.

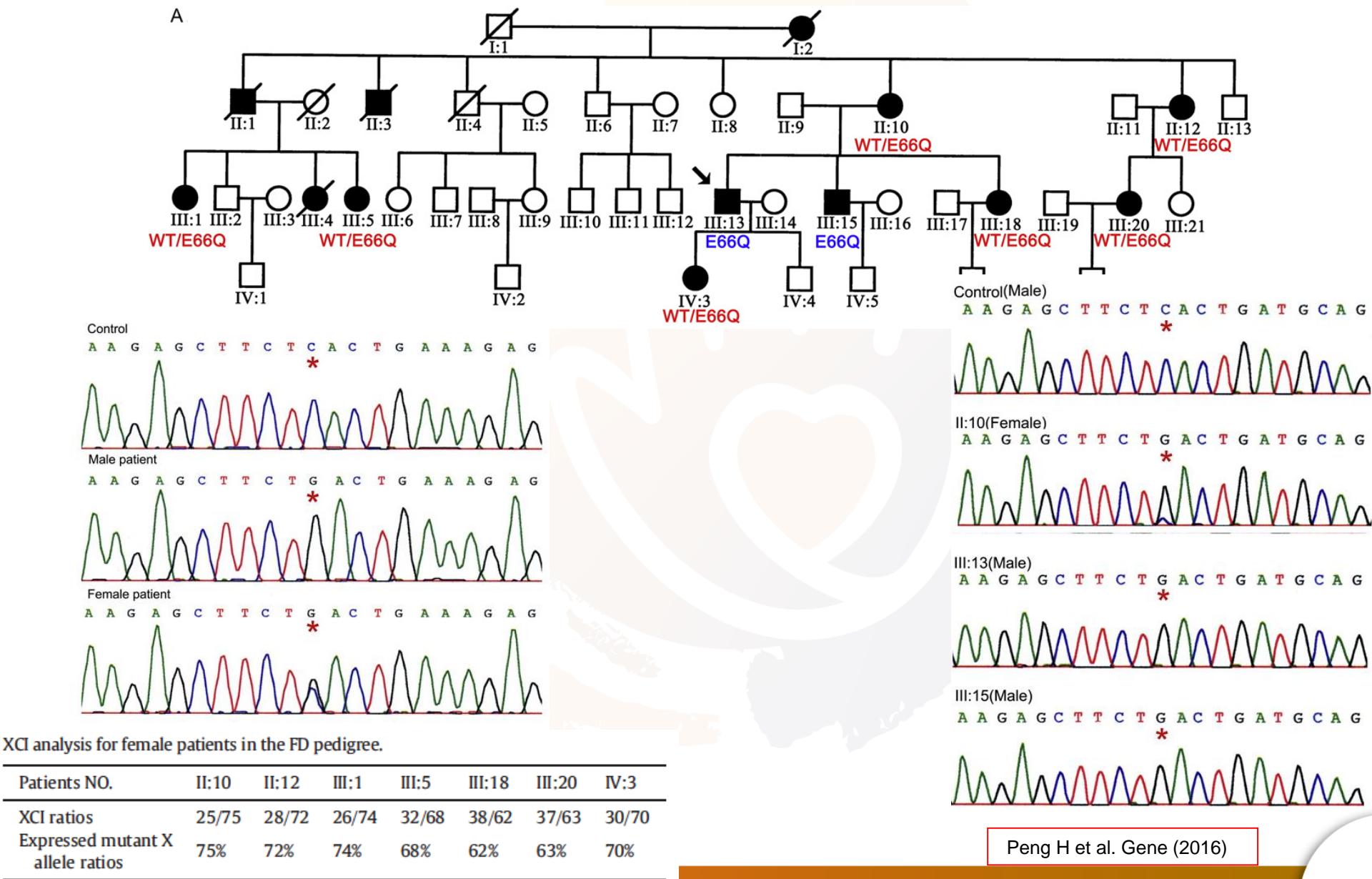


B

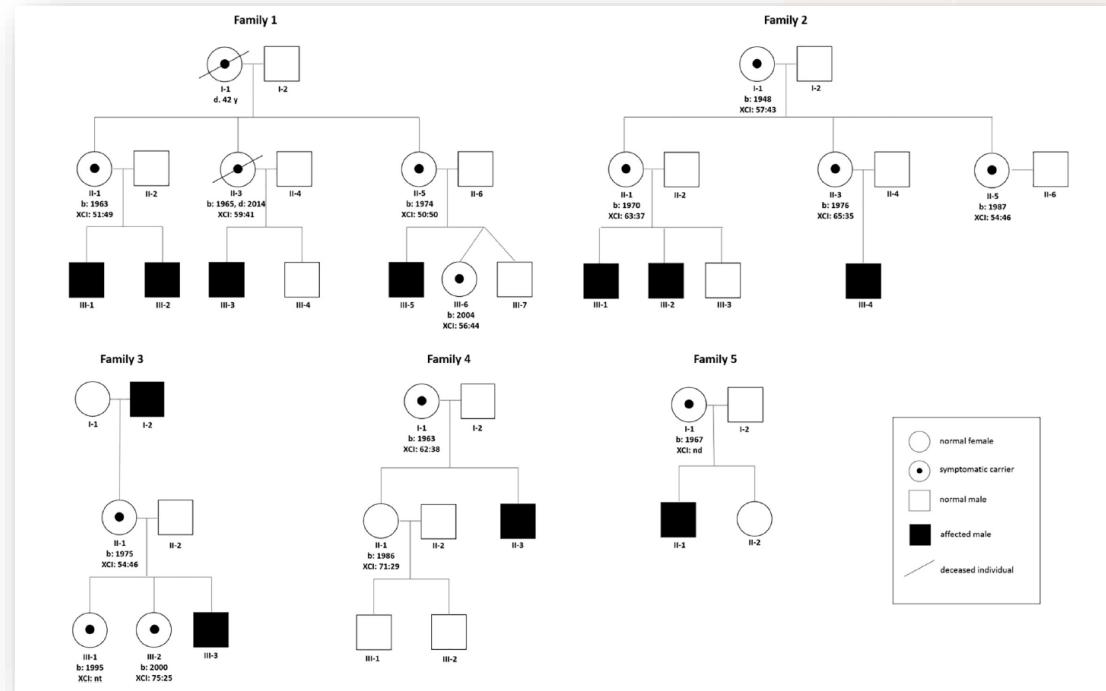
| Carrier female | II 1 | II 2 | III 2 | III 3 |
|--------------------------------|--------|-------------------|-------|-------------------|
| Age at present | 39 y | 38 y | 8 y | 6 y |
| Age at diagnosis | 38 y | 37 y | 7 y | 5 y |
| Hypohidrosis | No | No | No | No |
| Pains | No | Yes, since 6 y | No | Yes, since 4 y |
| Fever crisis | No | No | No | No |
| Angiokeratoma | No | No | No | No |
| Cerebrovascular involvement | No | No | No | No |
| Cornea verticillata | +/- | +++ | No | + |
| Renal insufficiency | No | No | No | No |
| Cardiac involvement | No | No | No | No |
| Lymphoedema | No | No | No | No |
| Enzymatic activity(%) | Normal | 45 | 53 | 24 |
| Hearing impairment | No | No | No | No |



X Chromosome Inactivation



X Chromosome Inactivation

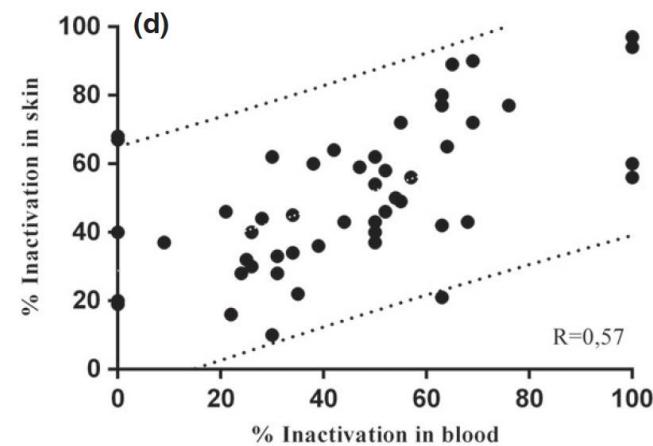
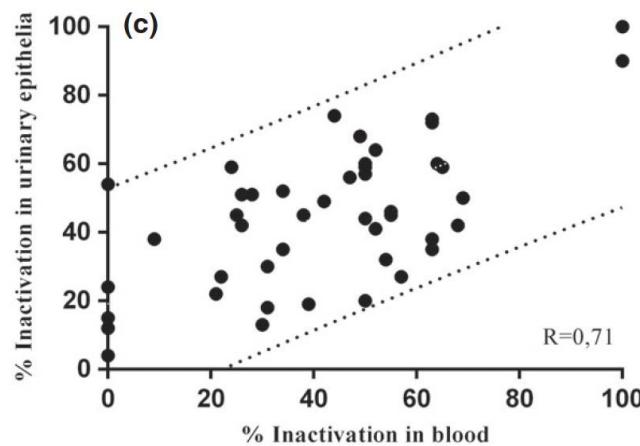
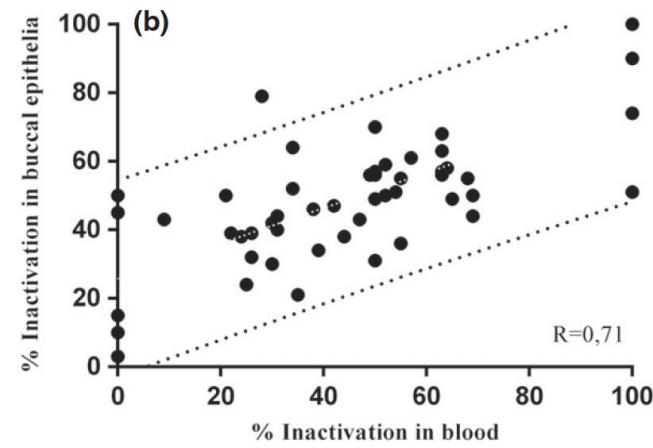
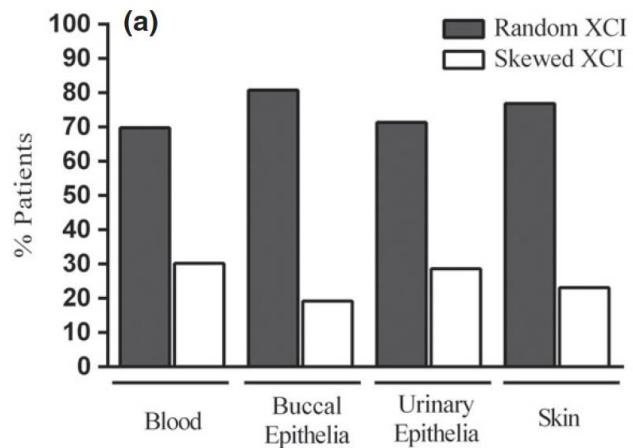


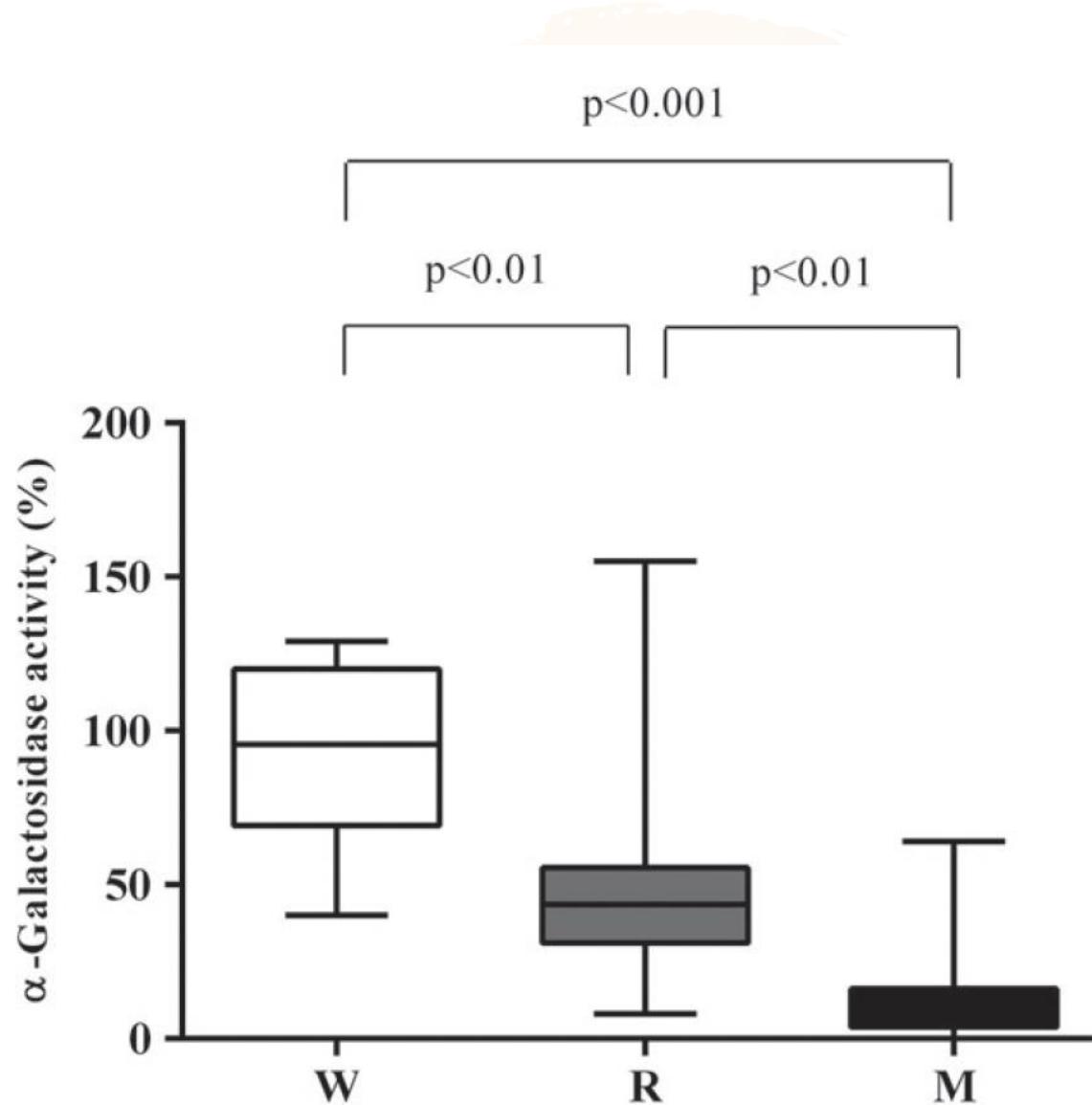
| Family | Gene mutation | Location | Protein change |
|--------|------------------|----------|--------------------|
| 1 | c.71G > A | Exon 1 | p.Trp24Ter |
| 2 | c.803_806delTAGT | Exon 6 | p.Leu268Ter |
| 3 | c.1055_1056delCT | Exon 7 | p.Ala352AspfsTer22 |
| 4 | c.1057_1058delAT | Exon 7 | p.Met353AspfsTer21 |
| 5 | c.1235_1236delCT | Exon 7 | p.Thr412SerfsTer38 |

| Family | Patient symbol | MSSI score ^a | | | | | | FOS-MSSI score ^b | | | | | | Age- and sex-adjusted score ^c | DS3 ^d | XCI (saliva) |
|--------|----------------|-------------------------|----|-----|---|-------|----------|-----------------------------|----|-----|---|-------|----------|--|------------------|--------------|
| | | G | N | C/V | R | Total | Severity | G | N | C/V | R | Total | Severity | | | |
| 1 | II-1 | 14 | 16 | 10 | 0 | 40 | Moderate | 13,5 | 12 | 12 | 0 | 37,5 | Moderate | 25,5 | 15,3 | 51:49 |
| 1 | II-3 | 11 | 15 | 9 | 8 | 43 | Severe | 10,5 | 9 | 9 | 8 | 36,5 | Moderate | 25,2 | 14,3 | 59:41 |
| 1 | II-5 | 6 | 9 | 8 | 4 | 27 | Moderate | 6 | 6 | 8 | 4 | 24,0 | Moderate | 15,5 | 8,7 | 50:50 |
| 1 | III-6 | 2 | 1 | 0 | 0 | 3 | Mild | 2 | 0 | 0 | 0 | 2,0 | Mild | 0,0 | 1,6 | 56:44 |
| 2 | I-1 | 13 | 10 | 20 | 4 | 47 | Severe | 11,5 | 3 | 18 | 4 | 36,5 | Moderate | 19,6 | 14,6 | 57:43 |
| 2 | II-1 | 13 | 10 | 2 | 4 | 29 | Moderate | 13,5 | 6 | 1 | 4 | 24,5 | Moderate | 14,8 | 8,0 | 63:37 |
| 2 | II-3 | 4 | 13 | 0 | 4 | 21 | Moderate | 4,5 | 8 | 0 | 4 | 16,5 | Mild | 8,9 | 4,3 | 65:35 |
| 2 | II-5 | 8 | 11 | 0 | 4 | 23 | Moderate | 8 | 6 | 0 | 4 | 18,0 | Mild | 13,1 | 6,7 | 54:46 |
| 3 | II-1 | 4 | 10 | 3 | 4 | 21 | Moderate | 4 | 7 | 3 | 4 | 18,0 | Mild | 9,2 | 5,0 | 54:46 |
| 3 | III-2 | 1 | 5 | 0 | 0 | 6 | Mild | 1 | 4 | 0 | 0 | 5,0 | Mild | 2,2 | 2,0 | 75:25 |
| 4 | I-1 | 7 | 10 | 11 | 0 | 28 | Moderate | 7 | 9 | 13 | 0 | 29,0 | Moderate | 16,7 | 7,3 | 62:38 |
| 5 | I-1 | 11 | 7 | 0 | 0 | 18 | Mild | 9 | 6 | 0 | 0 | 15,0 | Mild | 4,4 | 9,6 | nd |

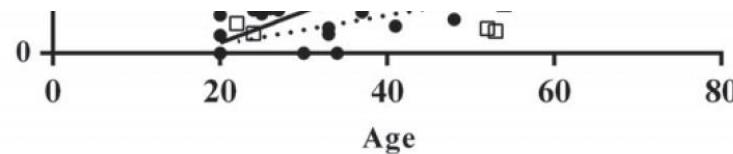
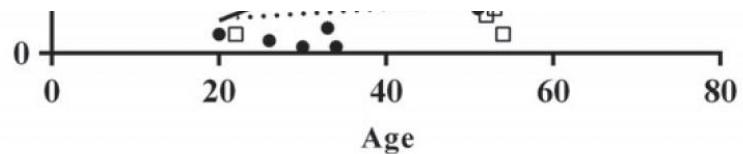
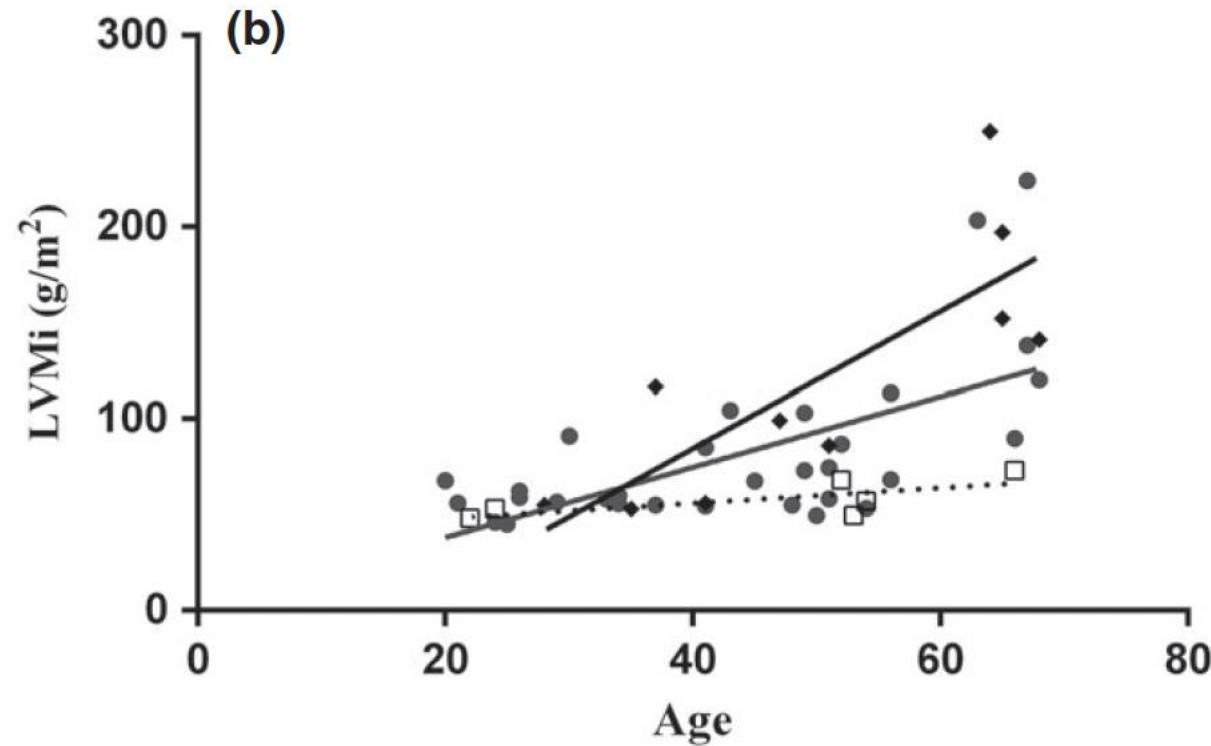
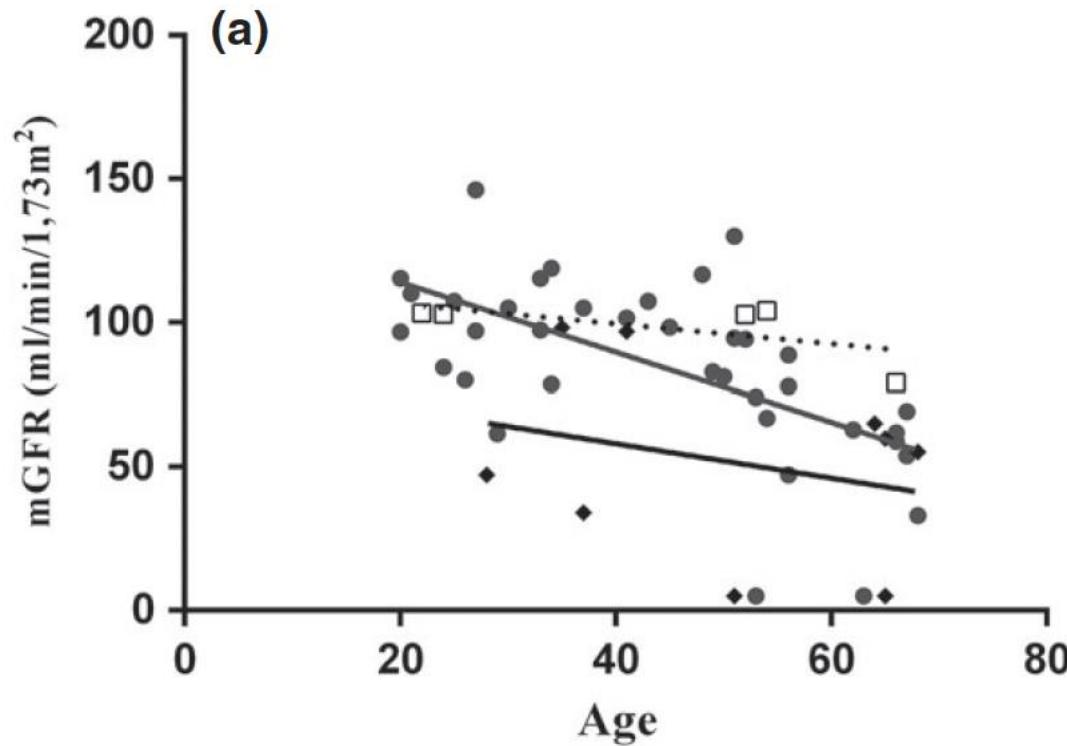
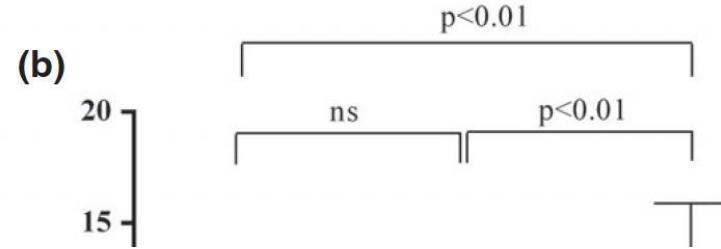
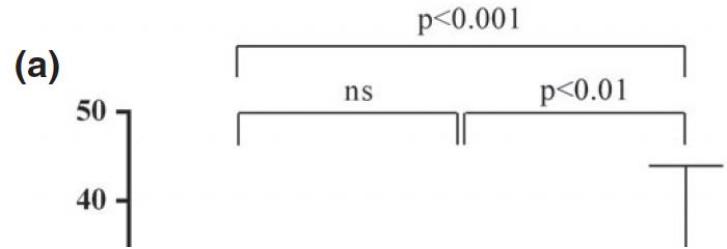
Juchniewicz P et al. Gene, 2018

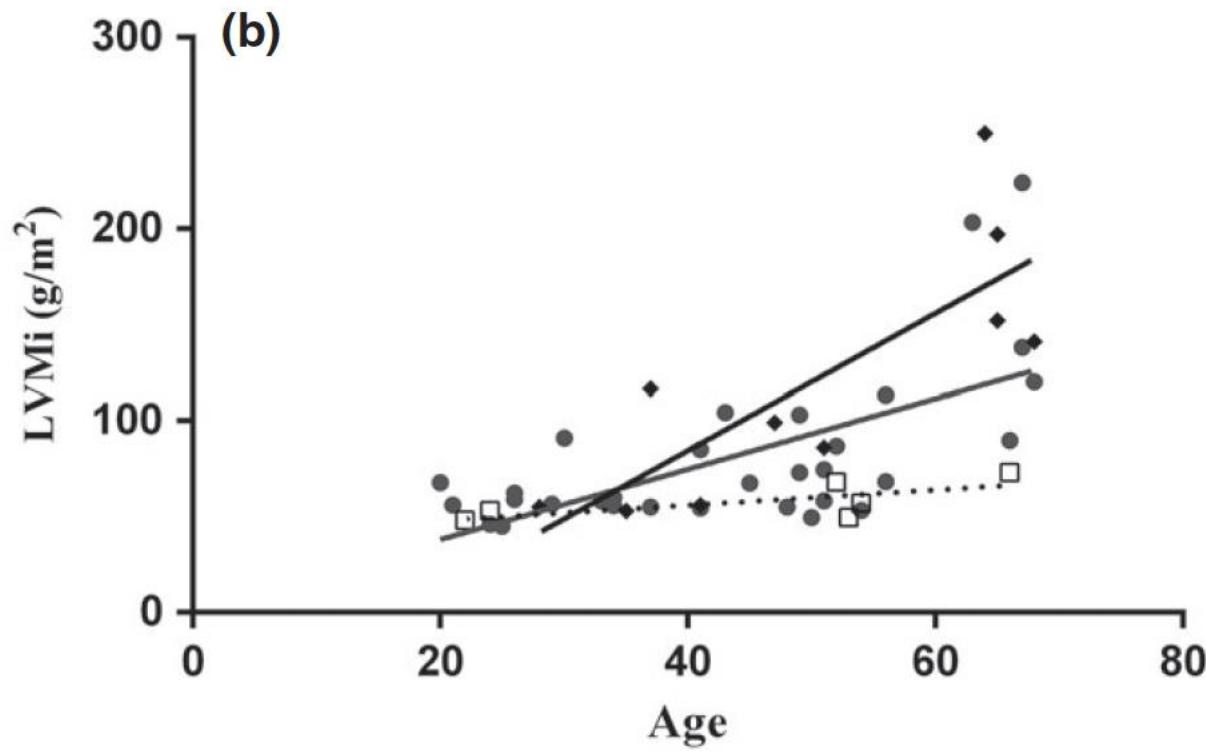
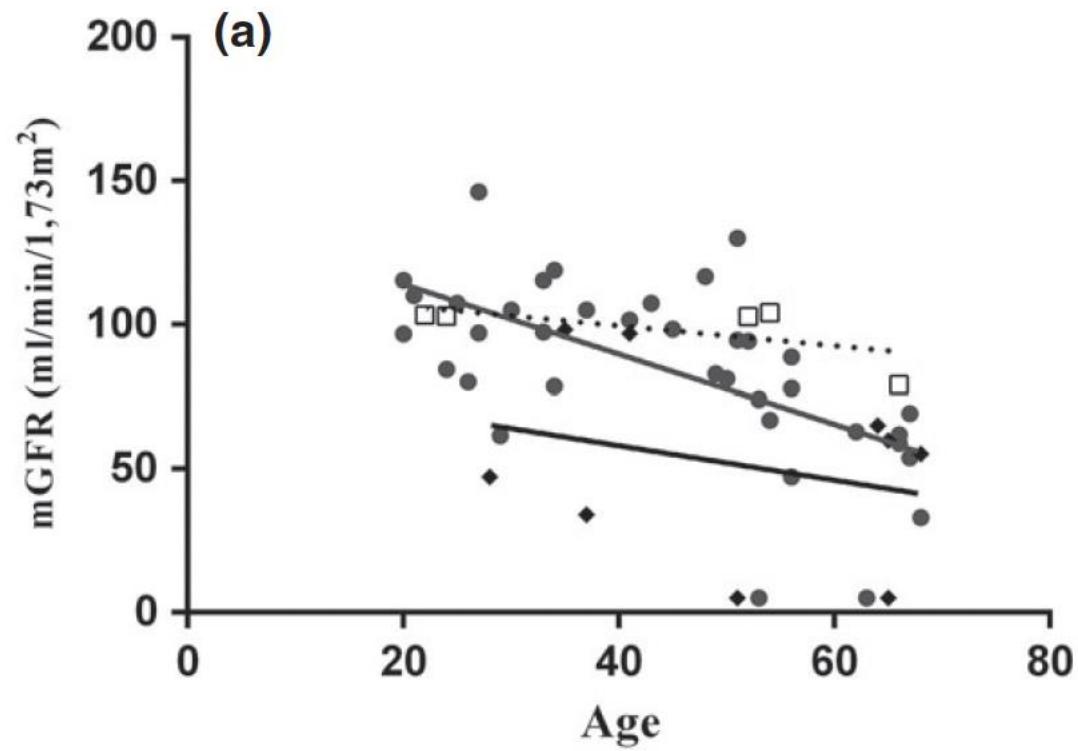
X-chromosome inactivation in Fabry disease





Echevarria L et al., *Clin Genet* 2016



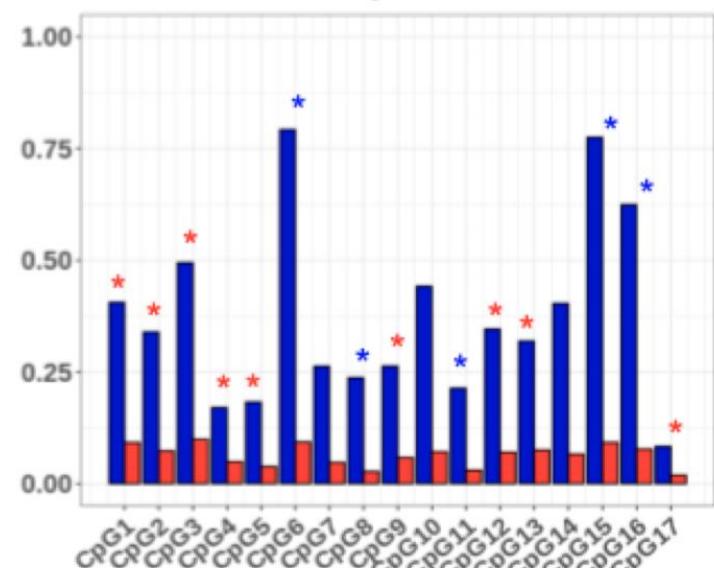
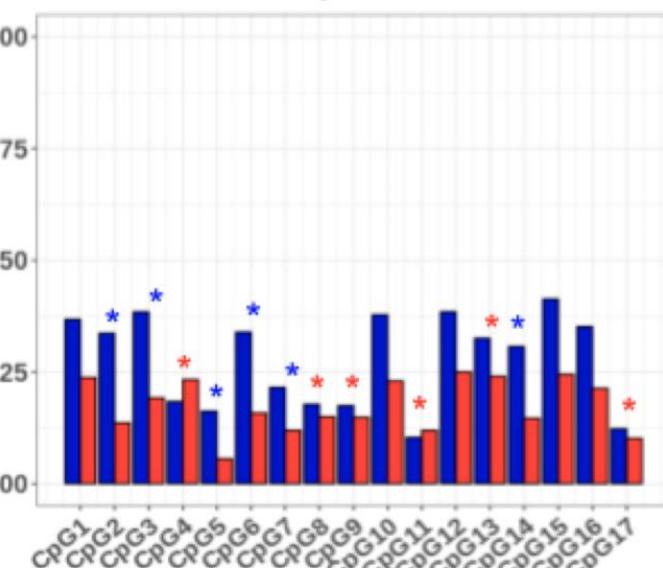
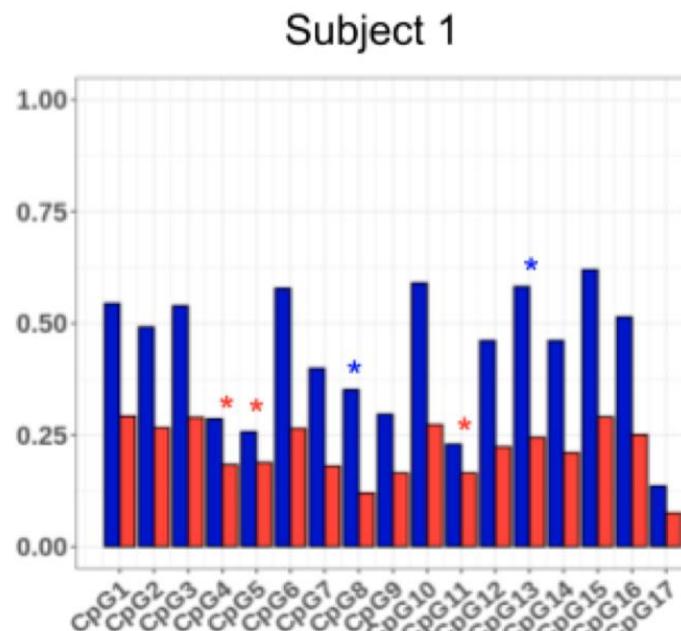
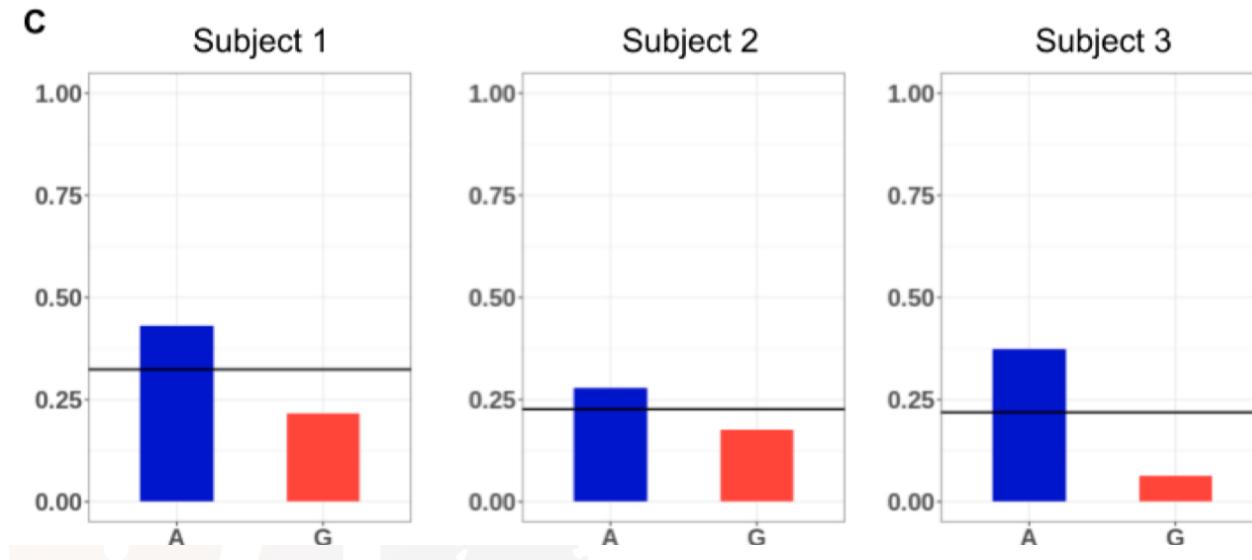
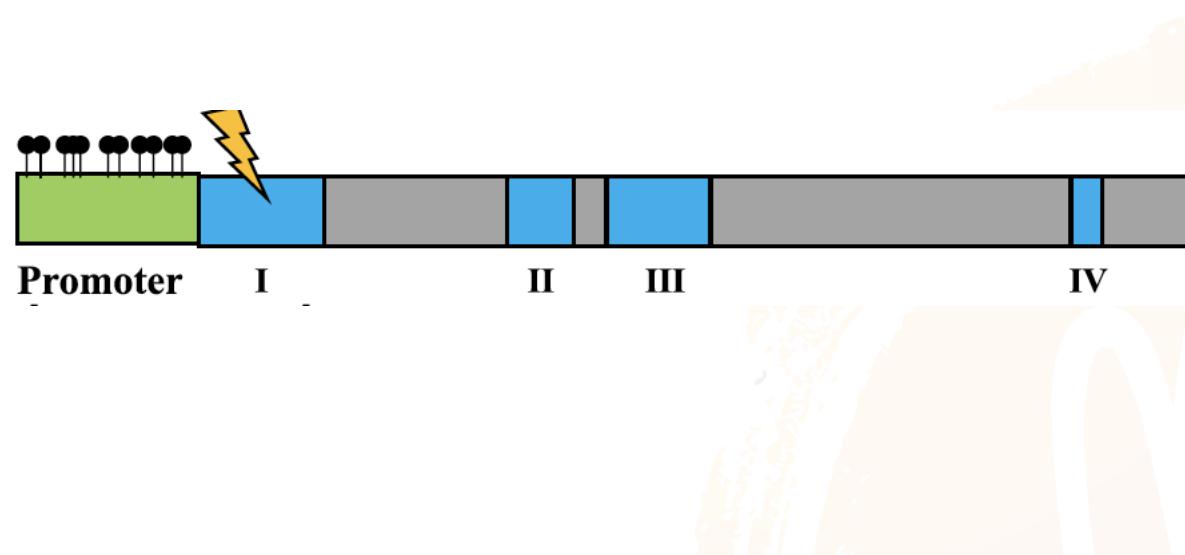


| References | Samples | Type of sample | Method | Main findings |
|------------------------------|---------------|---|---|---|
| Redonnet-Vernhet et al. [15] | 2 FD women | Peripheral blood leukocytes; Fibroblasts | HUMARA assay | Unbalanced XCI in monozygotic twins' fibroblasts in opposite direction. This is the first documented case of female twins discordant for FD |
| Maier et al. [19] | 28 FD women | Blood | HUMARA assay | Fabry heterozygous females showed a random X inactivation and no significant correlation was found between X inactivation patterns and clinical phenotype |
| Elstein et al. [20] | 77 FD women | Peripheral blood leukocytes | HUMARA assay | XCI did not correlate with signs and symptoms of classic Fabry disease |
| Hübner et al. [51] | 9 FD patients | Peripheral blood leukocytes | CALCR Methylation-specific PCR- High-resolution melting CALCR sequencing | A specific CpG of autosomal CALCR gene is differentially methylated in ERT treated and non-ERT-treated FD patients indicating that this CpG could be an epigenetic biomarker of FD |
| Echevarria et al. [18] | 56 FD women | Peripheral blood; Mouth epithelial cells; skin biopsy; Urine | HUMARA assay | XCI significantly impacted the phenotype and natural history of FD in females, supporting the correlation between XCI and clinical phenotype |
| Hossain et al. [44] | 4 FD women | Peripheral blood; spinal fluid | GLA Methylation-sensitive restriction enzymes analyses GLA Bisulfite Sanger sequencing | Allele-specific GLA methylation correlated with the severity of FD phenotype |
| Juchniewicz et al. [21] | 12 FD women | Saliva | HUMARA assay | XCI pattern did not correlate with Fabry disease severity scores |
| Hossain et al. [46] | 36 FD women | Peripheral blood; skin fibroblasts | GLA Methylation-sensitive restriction enzymes analyses GLA Bisulfite Sanger sequencing | Methylation of the GLA non-mutated allele was proportionally correlated with the clinical severity score (FASTEX score) |
| Yanagisawa et al. [45] | 4 FD women | Fibroblast from Skin tissue | Allele-specific GLA expression (RT-PCR) | mRNA expression level of the GLA mutant allele correlated with disease severity |
| De Riso et al. [55] | 3 FD women | Peripheral blood | High coverage-amplicon bisulfite sequencing (HC-ABS) versus HUMARA | Substantial concordance in direction and entity of the methylation imbalance between AR and GLA genes. Clearly distinct allele-specific epiallele profiles were obtained by epiallele distribution analysis |
| Rossanti et al. [56] | 9 FD women | Blood leukocytes; Urine sediments | HUMARA assay GLA Ultra-deep targeted RNA Sequencing | Skewed XCI explained the severity of FD in only limited number of female cases |

Table 1. Results of studies on the XCI in Fabry carriers.

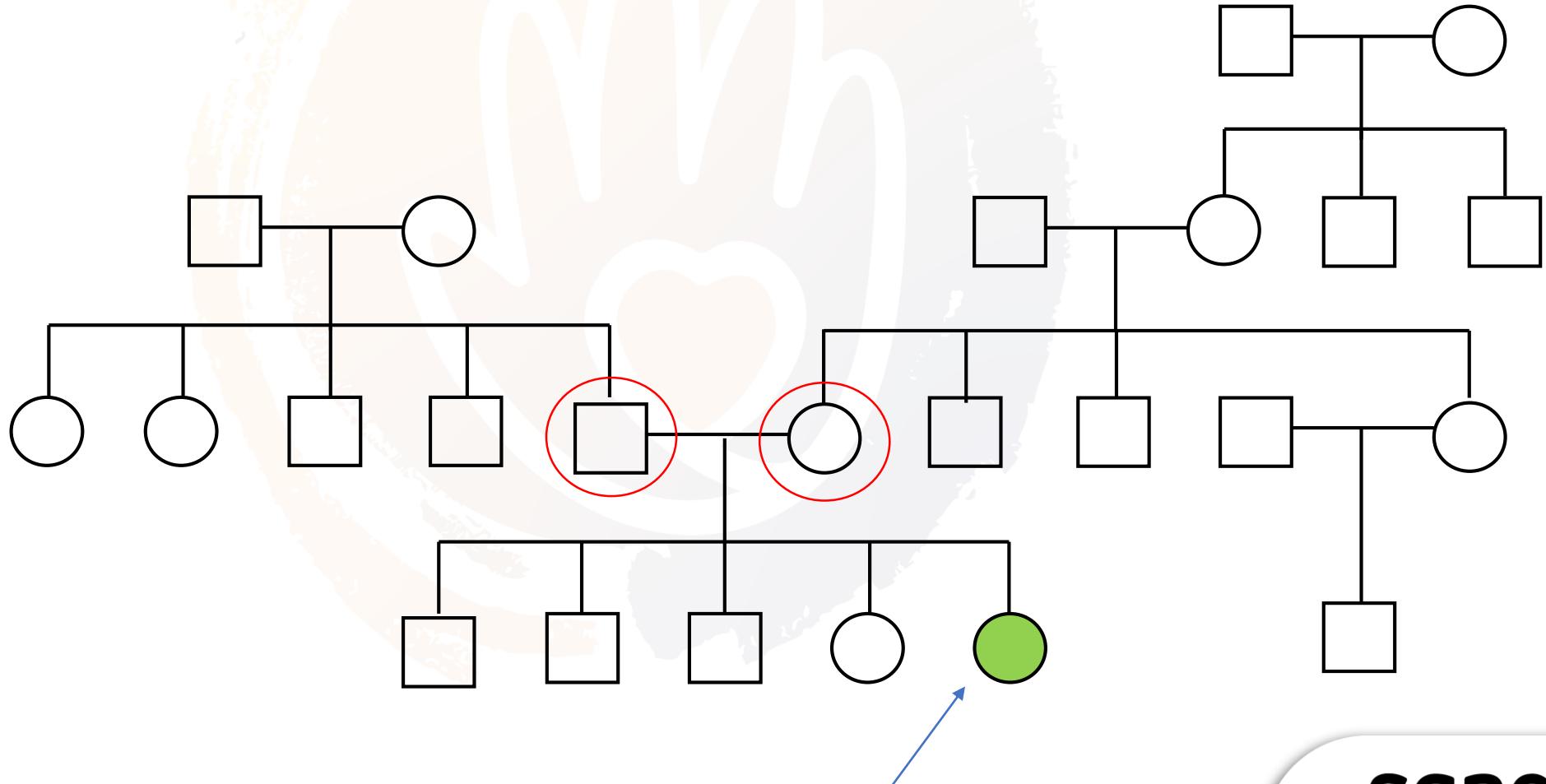
| Articles | Age | Tissue Analyzed | Skewed XCI | | | |
|-------------------------|-------------|-----------------|----------------------------------|---|--------------------------------------|---|
| | | | Mild MSSI Score (Total Subjects) | Moderate-Severe MSSI Score (Total Subjects) | Cardiac Involvement (Total Subjects) | No Cardiac Involvement (Total Subjects) |
| Dobrovolny et al., 2005 | Young/Adult | L, U, SE | 7 (24) | 4 (14) | n.d. | n.d. |
| Maier et al., 2006 | Young/Adult | L | 5 (10) | 5 (18) | 6 (16) | 4 (12) |
| Echevarra et al., 2015 | Young/Adult | L, U, SE, skin | 3 (35) | 7 (21) | 7 (41) | 3 (8) |
| Morrone et. al., 2003 | Young/Adult | L | n.d. | n.d. | 2 (0) | 2 (4) |
| Rossanti et al., 2021 | Adult | L, | n.d. | n.d. | 0 (5) | 1 (2) |

n.d. = not determined; L = peripheral blood leukocytes; SE = salivary epithelia; U = urinary sediment cells; skewed XCI is referred to preferential inactivation of wild X chromosome with a ratio of 75:25.



Family Screening Strategy in Fabry

Female Proband



Unpublished pedigree from personnel laboratory dataset

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