

## Patient Card

### Patient Card for Valproate <Epilim®>: Contraception and Pregnancy

#### What you must know \*

- **Valproate is an effective medicine for epilepsy and bipolar disorder.**
- **Valproate can seriously harm an unborn child when taken during pregnancy.**
- **Always use effective contraception without interruption during the entire duration of treatment with valproate.**
- **Remember to visit your specialist at least each year.**

*\*This applies to all girls and women using valproate and who could become pregnant.  
Keep this card safe so you always know what to do.*

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### Patient Card for Valproate <Epilim®>: Contraception and Pregnancy

#### What you must do \*

- **Read the package leaflet carefully before use.**
- **Never stop taking valproate unless your doctor tells you to as your condition may become worse.**
- **If you are thinking about having a baby, do not stop using valproate and contraception before you talked to your doctor.**
- **If you think you are pregnant: Schedule an urgent appointment with your doctor.**
- **Ask your doctor to give you the patient guide.**

*\* This applies to all girls and women using valproate and who could become pregnant  
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