Your role. Your patients. Their access to clinical trials

GP's role in identifying patients, initiating conversations, and supporting informed decisions



This content is for Australian healthcare professionals only
GP, general practitioner

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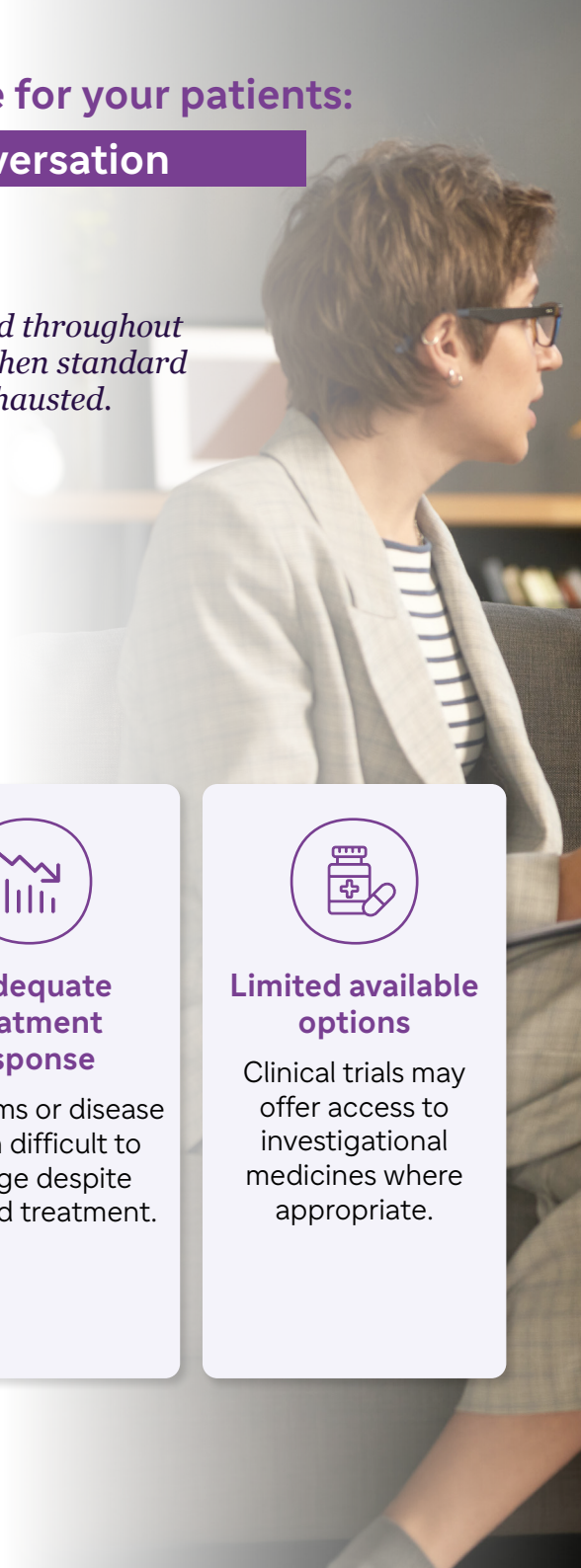
Expand what's possible for your patients:

When to raise the conversation about clinical trials

Clinical trials may be considered throughout the patient journey—not only when standard treatment options have been exhausted.



Early in care journey

Clinical trials may be appropriate to consider alongside other treatment options and may offer another pathway before alternatives are exhausted.

Inadequate treatment response

Symptoms or disease remain difficult to manage despite standard treatment.

Limited available options

Clinical trials may offer access to investigational medicines where appropriate.

GP, general practitioner



Specialist referral appropriate

Patients may meet referral or study criteria.

Patient interest in new approaches

Patients express interest in research or emerging therapies.

You can help identify and connect patients to clinical trial opportunities. GPs remain a trusted point of care and communication, while research site teams manage trial-specific care.

For your patients today and for the treatments of tomorrow

A clinical trial is a regulated research study that determines whether a new treatment is safe, effective, and appropriate for patient care.



Clinical trials in Australia are conducted under strict ethical and regulatory standards, with participant safety, informed consent, and clinical oversight central to every study.

Research site teams consist of doctors, nurses, pharmacists, and other healthcare professionals, led by a medically qualified Principal Investigator.



Research, participation and representation matter

- Clinical trials help advance new treatments that **may improve and extend lives**
- **Participants** help researchers better understand new treatments
- Representation from all Australian communities— **rural, regional, and Culturally and Linguistically Diverse**— helps ensure new treatments are effective for everyone

GP, general practitioner

Every GP can connect their community to clinical trials

GPs are a trusted point of care. You can support informed decision-making by connecting patients with trial centres while remaining involved in ongoing care throughout the clinical trial journey.



Identify appropriate patients

Recognise patients who may benefit from additional treatment options.



Initiate conversation

Discuss clinical trials as a potential option and address misconceptions and concerns.



Connect and refer patients

Connect patients with trial centres and support informed decision-making.



Provide ongoing care

Continue routine care alongside the research site team, including management of general health needs and comorbidities.



Support patient experience

Provide reassurance and continuity of care throughout the clinical trial journey.

How participant safety is protected in clinical trials

Clinical trials in Australia are reviewed and monitored by Human Research Ethics Committees, research institutions, and the Therapeutic Goods Administration (TGA).

Ethical, regulatory, and research frameworks help ensure:

- Participant safety and wellbeing
- Informed consent and privacy protections
- Scientific and ethical oversight
- Ongoing safety monitoring and reporting
- There is additional ethical guidance to support culturally safe and appropriate research involving Aboriginal and Torres Strait Islander peoples and communities



Together, these frameworks help ensure clinical trials are conducted safely, ethically and responsibly.



Ethics approved



TGA regulated



Participant safety monitored

The informed consent process helps your patient understand the clinical trial, ask questions, and make an informed decision about participation.

- **Participation is voluntary, and participants may withdraw from a clinical trial at any time**
- Informed consent is required in a clinical trial before any study procedures take place
- Participants are encouraged to take their time asking questions and discussing participation with their support network
- Interpreters are available to support informed consent, ensuring Culturally and Linguistically Diverse communities are included and empowered

You can support patients by helping them understand clinical trial information and discussing questions or concerns alongside the research site team.



Further information

Learn how to discuss clinical trial opportunities with your patients and support their clinical trial journey

Where to find clinical trials

Sanofi studies
https://www.sanofi.com/en/clinical-trials

ClinicalTrials.gov
https://clinicaltrials.gov

Other useful resources

Sanofi Campus
https://www.campus.sanofi/au/medical/clinical-trials

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ABN 31008 558 807. Sydney Australia
www.sanofi.com.au | MAT-AU-2601227-2.0 –08/2026

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