

## Annual Risk Acknowledgement Form

### Annual Risk Acknowledgment Form for girls and women of childbearing age treated with valproate <Epilim®>

Read, complete and sign this form during a visit with the specialist: at treatment initiation, at the annual visit, and when a woman plans a pregnancy or is pregnant.

This is to make sure that female patients or their caregiver/legal representative have discussed with their specialist and understood the risks related to the use of valproate during pregnancy.

#### Part A. To be completed and signed by the Specialist

Name of patient or care-giver/legal representative:

I confirm that the above named patient needs valproate because:

- this patient does not respond adequately to other treatments or
- this patient does not tolerate other treatments
- Other reason (to specify)

I have discussed the following information with the above named patient or care-giver/legal representative:

The overall risks in fetus and children exposed to valproate during pregnancy are:

- an approximately 10% chance of birth defects and
- up to 30 to 40% chance of a wide range of early developmental problems that can lead to learning difficulties.

Valproate should not be used during pregnancy (except in rare situations for epileptic patients that are resistant or intolerant to other treatments) and conditions of the pregnancy prevention program must be fulfilled.

The need for regular (at least annually) review and the need to continue valproate treatment by a specialist.

The need for negative pregnancy test at treatment initiation and as required thereafter (if child bearing age).

The need for an effective contraception without interruption during the entire duration of treatment with valproate (if childbearing age).

The need to arrange an appointment with her doctor as soon as she is planning pregnancy to ensure timely discussion and switching to alternative treatment options prior to conception and before contraception is discontinued.

The need to contact her doctor immediately for an urgent review of the treatment in case of suspected or inadvertent pregnancy.

I have given the patient or care-giver/legal representative a copy of the patient guide.

In case of pregnancy, I confirm that this pregnant patient:

- received the lowest possible effective dose of valproate to minimise the possible harmful effect on the unborn
- is informed about the possibilities of pregnancy support or counselling and appropriate monitoring of her baby if she is pregnant.

Name of Specialist

Signature

Date

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This form shall be provided by a specialist to girls and women of childbearing age treated with valproate for epilepsy or bipolar disorder (or their caregiver/legal representative).

Parts A and B shall be completed: all boxes shall be ticked, and the form signed: this is to make sure all the risks and information related to the use of valproate during pregnancy have been understood.

A copy of this form completed and signed shall be kept / recorded by the specialist.

The prescriber is advised to save an electronic version in the patient dossier.

**Annual Risk Acknowledgment Form for girls and women of childbearing age treated with valproate <Epilim®>**

Read, complete and sign this form during a visit with the specialist: at treatment initiation, at the annual visit, and when a woman plans a pregnancy or is pregnant.

This is to make sure that female patients or their caregiver/legal representative have discussed with their specialist and understood the risks related to the use of valproate during pregnancy.

**Part B. To be completed and signed by the Patient or caregiver/legal representative.**

Name of patient or care-giver/legal representative:

I have discussed the following with my specialist and understand:	
Why I need valproate rather than another medicine	<input type="checkbox"/>
That I should visit a specialist regularly (at least annually) to review whether valproate treatment remains the best option for me	<input type="checkbox"/>
The risks in fetus and children whose mothers took valproate during pregnancy are:	
<ul style="list-style-type: none"> <li>• an approximately 10% chance of birth defects and</li> <li>• up to 30 to 40% chance of a wide range of early developmental problems that can lead to significant learning difficulties</li> </ul>	<input type="checkbox"/>
Why I need a negative pregnancy test at treatment initiation and if needed thereafter (if child bearing age)	<input type="checkbox"/>
That I must use an effective contraception without interruption during the entire duration of my treatment with valproate (if childbearing age).	<input type="checkbox"/>
We discussed the possibilities of effective contraception or we planned a consultation with a professional who is experienced in advising on effective contraception.	<input type="checkbox"/>
The need for regular (at least annually) review and the need to continue valproate treatment by a specialist	<input type="checkbox"/>
The need to consult my doctor as soon as I am planning to become pregnant to ensure timely discussion and switching to alternative treatment options prior to conception, and before contraception is discontinued.	<input type="checkbox"/>
That I should request an <b>urgent</b> appointment if I think I am pregnant	<input type="checkbox"/>
I have received a copy of the patient guide.	<input type="checkbox"/>
In case of a pregnancy, I have discussed the following with my specialist and understand:	
<ul style="list-style-type: none"> <li>• The possibilities of pregnancy support or counseling</li> <li>• The need to appropriate monitoring of my baby if I am pregnant</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>

Name of patient or caregiver/legal representative	Signature	Date
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Name of Specialist	Signature	Date
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Parts A and B shall be completed: all boxes shall be ticked, and the form signed: this is to make sure all the risks and information related to the use of valproate during pregnancy have been understood.

A copy of this form completed and signed shall be kept / recorded by the specialist.

The prescriber is advised to save an electronic version in the patient dossier. A copy of this form completed and signed shall be kept by the patient.