



2ND SUMMIT
RARE
DISEASES
C O P A C

What Fabry cardiologists should know
from the Nephrologist's point of view
sanofi

Disclosures

Consultant: Sanofi Genzyme, Freeline

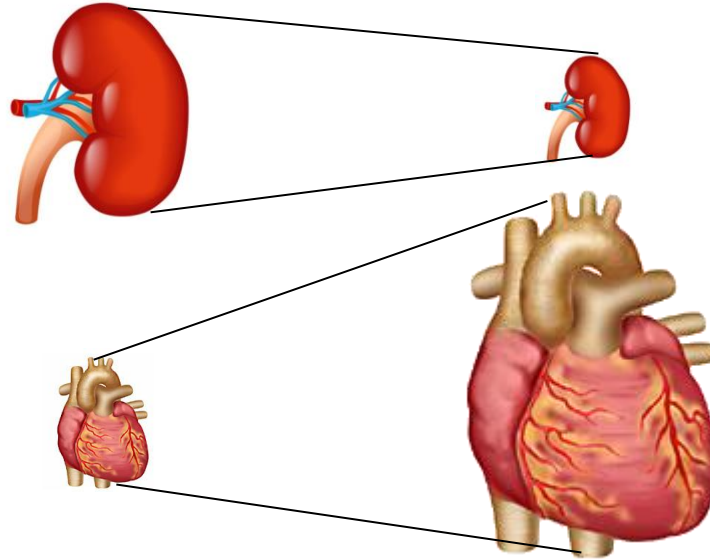
Speaker fees: Sanofi Genzyme, Shire, Amicus

FRASE DE SALVAMENTO

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CODIGO PROMOMAT: MAT-CO-2202625

The central tenet of CKD



Fabry disease natural history in males

Classic

Endothelium **full**
of glycolipids

20y

40y



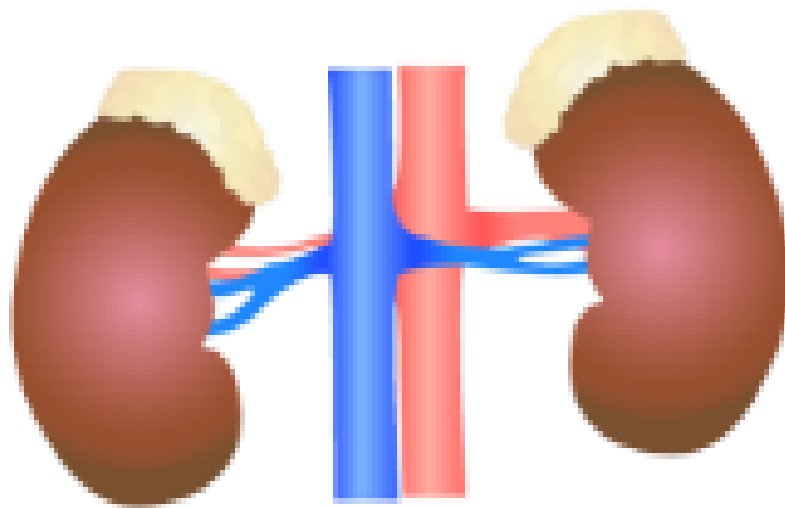
Death
before 60 y

The loo emergency sign:
gastrointestinal



The red spots in underwear sign: angiokeratoma





Mean age at **RRT**: **40** years (males and females), but approx. 20-fold less females

Ortiz A, et al. Nephrol Dial Transplant. 2010 Mar;25(3):769-75

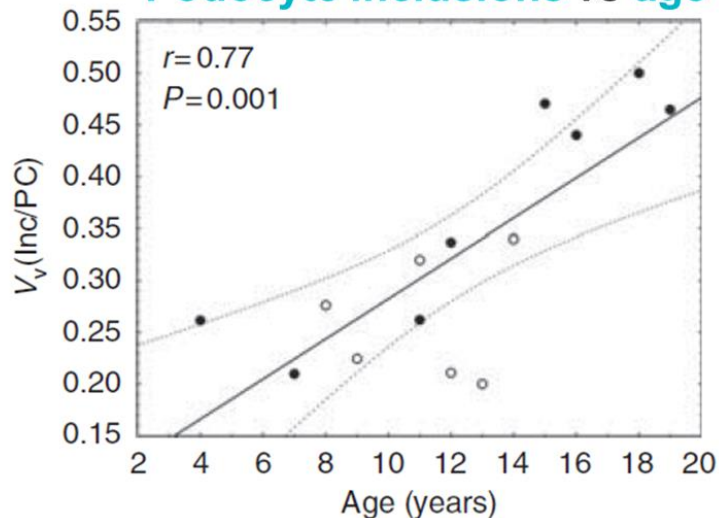
Mean age at **cardiac** event **45** and **54** years, males and females, respectively

Patel MR, et al. J Am Coll Cardiol. 2011 Mar 1;57(9):1093-9

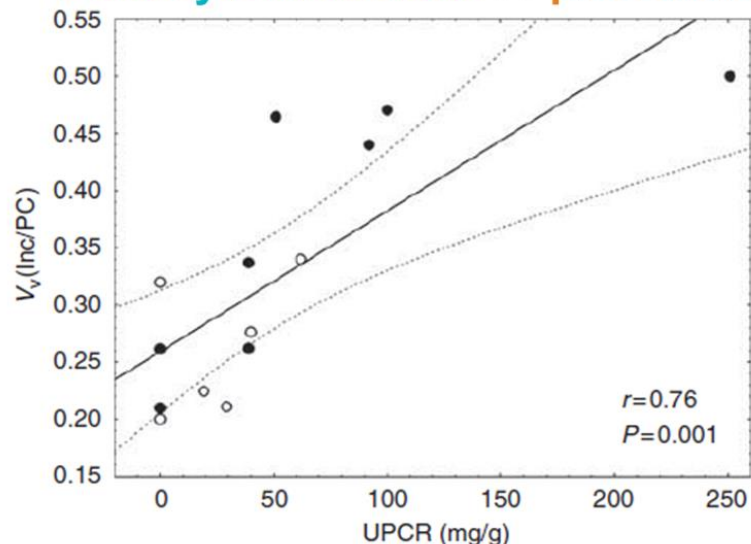
Progressive podocyte injury and globotriaosylceramide (GL-3) accumulation in young patients with Fabry disease

Behzad Najafian¹, Einar Svarstad², Leif Bostad³, Marie-Claire Gubler⁴, Camilla Tøndel⁵,
Chester Whitley⁶, Michael Mauer⁷

Podocyte inclusions vs age



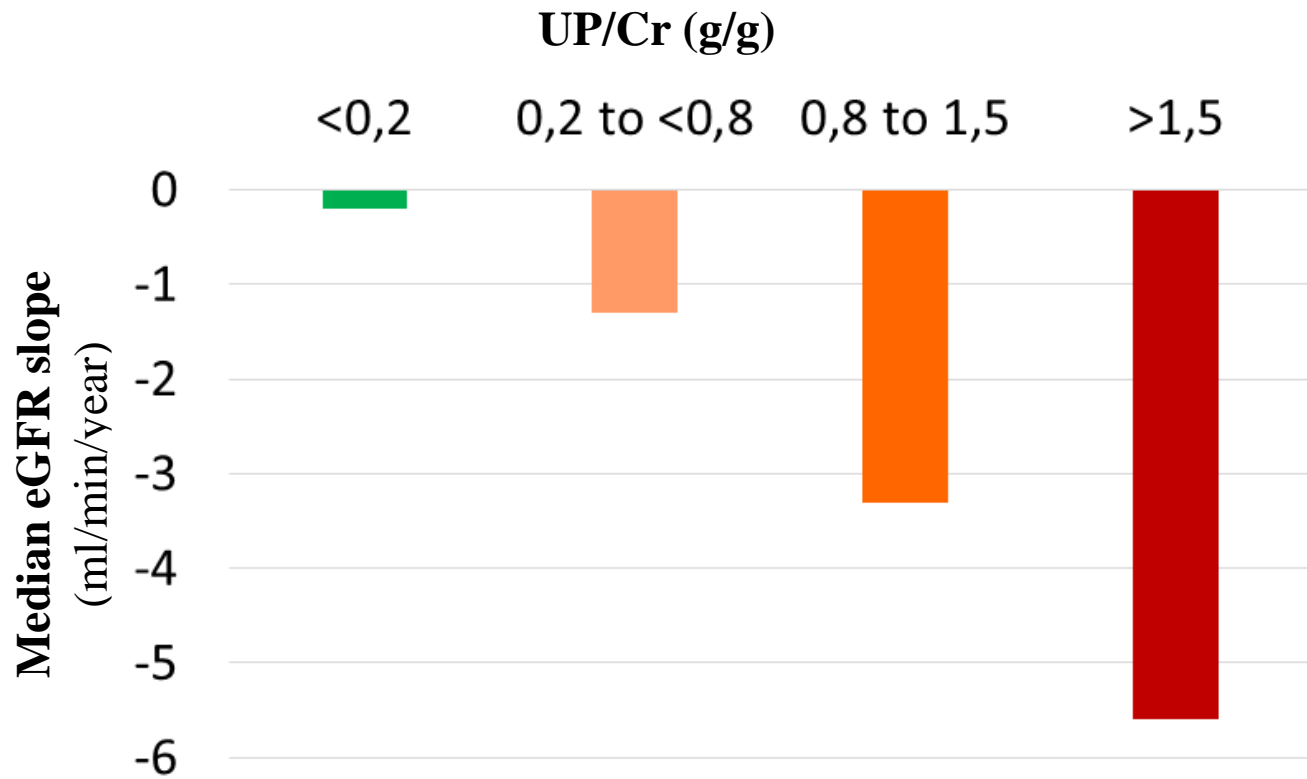
Podocyte inclusions vs proteinuria



Relationship between age and podocyte ($V_v(\text{Incl/PC})$), and endothelial cell ($V_v(\text{Incl/Endo})$) GL-3 fractional volume of inclusions per cytoplasmic

Segmental foot process effacement
was present in **all glomeruli**

Proteinuria is a major risk factor for CKD progression in Fabry



Natural history data from
121 men not on ERT
(Fabry Registry)

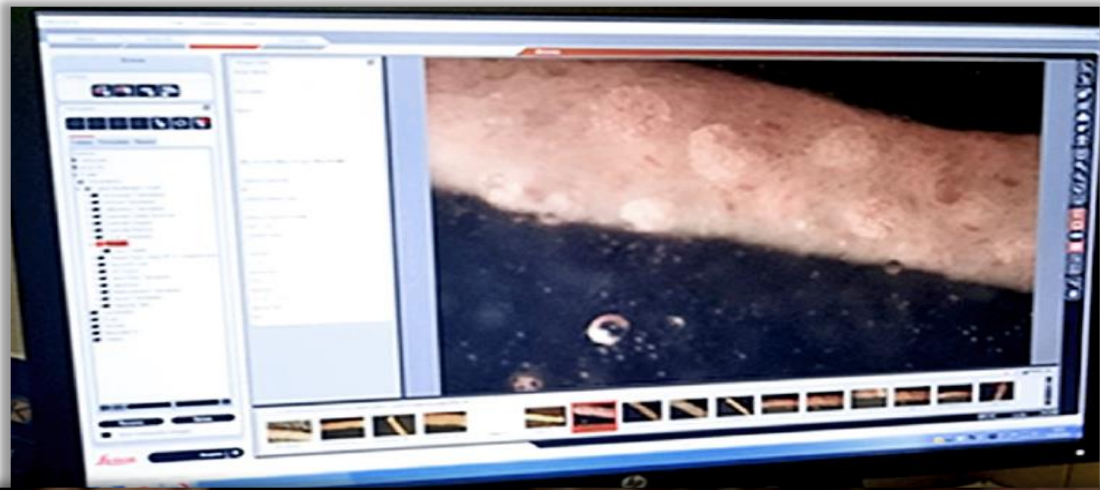
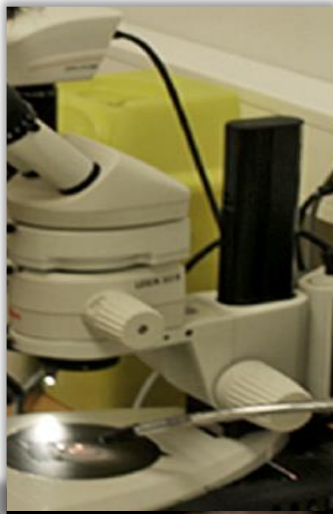
A scanning electron micrograph (SEM) of podocytes, which are specialized cells in the kidney. The image shows the intricate, branching structure of the podocytes, with yellow and red colors highlighting different parts of the cells. A cartoon face with large eyes and a blue smile is overlaid on the image, with a speech bubble pointing to it.

What about me?

Pathogenesis of Fabry Nephropathy: key role of podocytes and therapy



Fabry
podocytes are
fuuuuull of
glycolipids



Svarstad E et al.
Nephron.
2018;138(1):13-21.

This is not what it seems!!!!

But they are **not** always
immortal

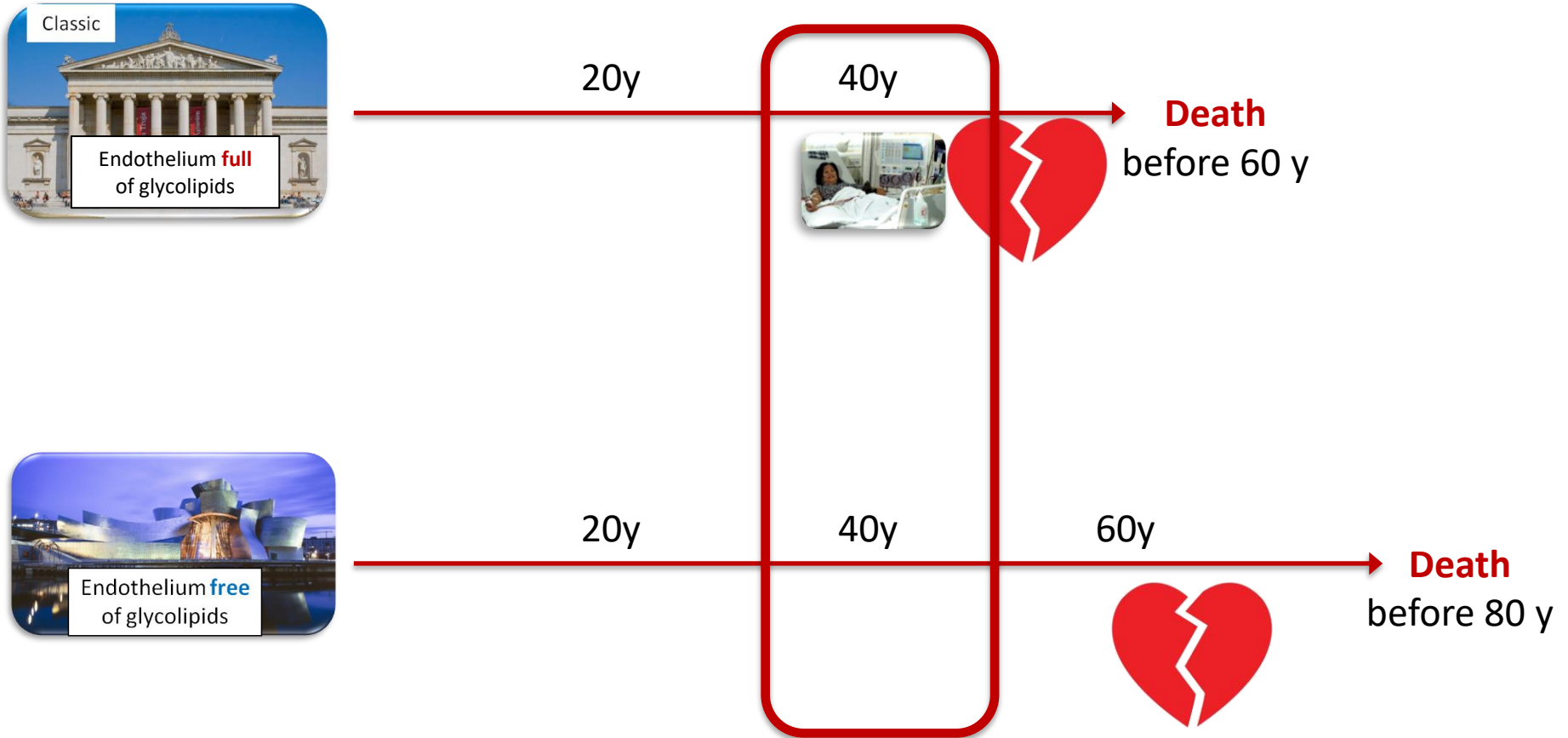


Shplotch!

(podocyte crashing against toilet)

Podocyte farewell ceremony by **cell biology scientist**

Fabry disease natural history in males



Treatment decisions: **who** and **when**?

The screenshot shows the top portion of a journal article page. At the top left is the journal title 'Molecular Genetics and Metabolism'. To the right is a red-bordered box with the text 'Open access'. Below the journal title is a navigation bar with links for 'Articles & Issues', 'CME', 'For Authors', 'Journal Info', 'Subscribe', and 'More Periodicals'. A search bar is present with a dropdown menu set to 'All Content' and buttons for 'Search' and 'Advanced Search'. Below the search bar is a breadcrumb trail: '< Previous Article', 'April 2018 Volume 123, Issue 4, Pages 416–427', and 'Next Article >'. The main title of the article is 'Fabry disease revisited: Management and treatment recommendations for adult patients'. Below the title is a list of authors: Alberto Ortiz, Dominique P. Germain, Robert J. Desnick, Juan Politei, Michael Mauer, Alessandro Burlina, Christine Eng, Robert J. Hopkin, Dawn Laney, Aleš Linhart, Stephen Waldek, Eric Wallace, Frank Weidemann, and William R. Wilcox.

- Appendix A. **Renal** involvement in adult patients with Fabry disease: manifestations, assessments, and management
- Appendix B. **Cardiac** involvement in adult patients with Fabry disease: manifestations, assessments, and management
- Appendix C. **Peripheral nervous system** involvement in adult patients with Fabry disease: manifestations, assessments, and management
- Appendix D. **Central nervous system** involvement in adult patients with Fabry disease: manifestations, assessments, and management
- Appendix E. Involvement of **other** organ systems in adult patients with Fabry disease: manifestations, assessments, and management
- Appendix F. Enzyme replacement therapy **infusion setting** for adult patients with Fabry disease
- Appendix G. Impact of enzyme replacement therapy **dose** in the treatment of patients with Fabry disease
- Appendix H. **Pregnancy and lactation** in adult patients with Fabry disease

Treatment decisions: **who** and **when**?

The European Fabry Working Group Consensus Document

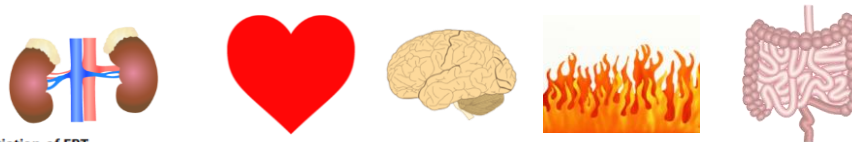







Table 3 Consensus criteria for initiation of ERT

	No signs or symptoms	Renal*	Cardiac*	CNS*	Pain*	GI*
 Classical FD, males  Non-classical FD, males	if ≥ 16 years of age (Class IIB) 	- microalbuminuria [†] (Class I) - proteinuria [‡] (Class I) - renal insufficiency (GFR 60–90) [§] (Class I) - renal insufficiency (GFR 45–60) [§] (Class IIB)	- cardiac hypertrophy (MWT > 12 mm) without (or only minimal signs of) fibrosis (Class I) - signs of cardiac rhythm disturbances [§] (Class I)	- WMLs (Class IIB) - TIA/stroke (Class IIA)	- neuropathic pain (Class IIA) - neuropathic pain even if completely controlled (not interfering with daily activities) with pain medication (Class IIB)	GI symptoms (Class IIA if < 16 years of age, Class IIB if > 16 years of age)
 Classical FD, females  Non-classical FD, females		- microalbuminuria [†] (Class I) - proteinuria [‡] (Class I) - renal insufficiency (GFR 60–90) [§] (Class IIA) - renal insufficiency (GFR 45–60) [§] (Class IIB)	- cardiac without fibrosis - signs of cardiac rhythm disturbances [§] (Class I)	- hearing loss, corrected for age (Class IIB)	completely controlled (not interfering with daily activities) with pain medication (Class IIB)	

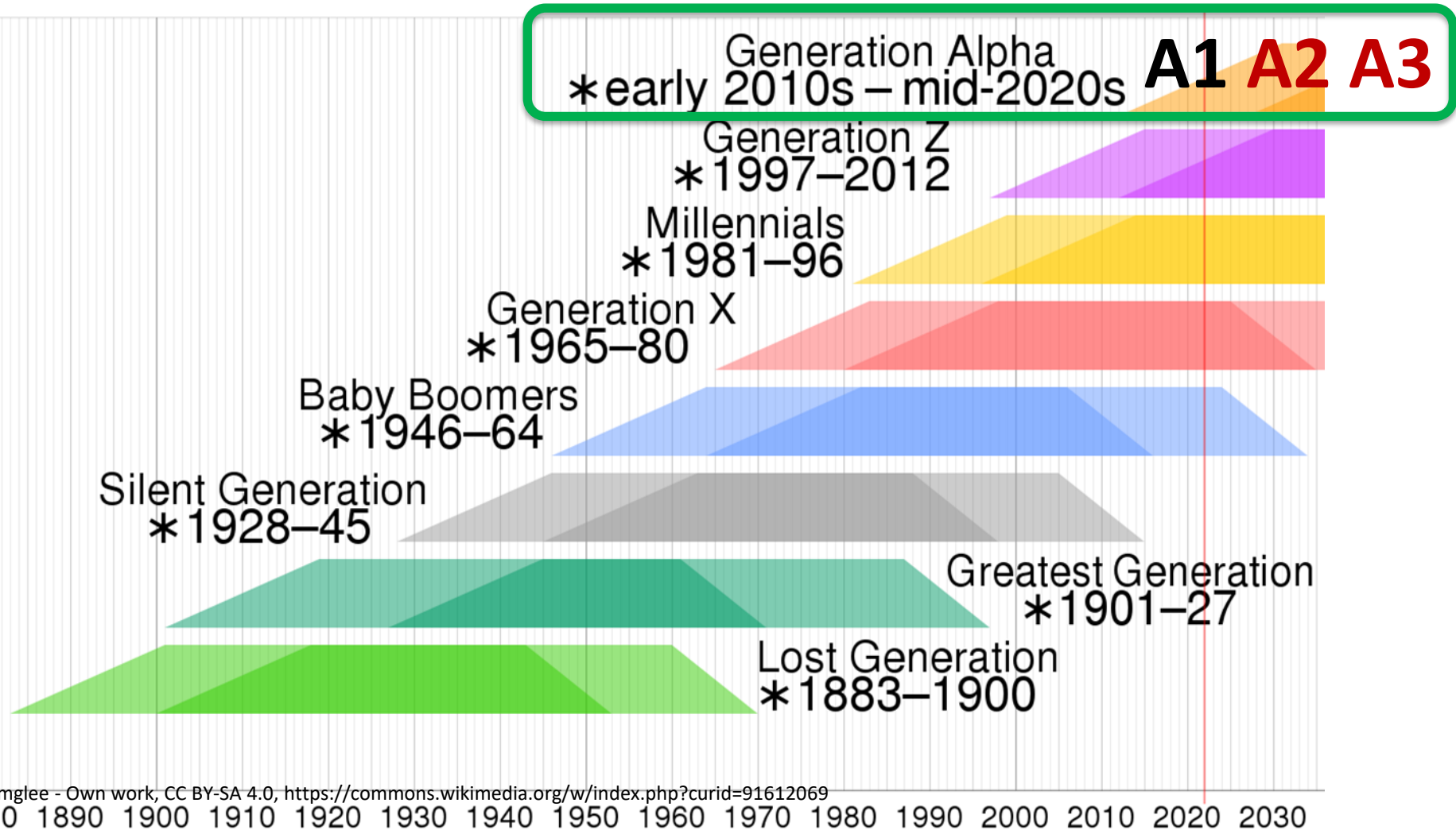
Microalbuminuria

Microalbuminuria is sooooo last century!

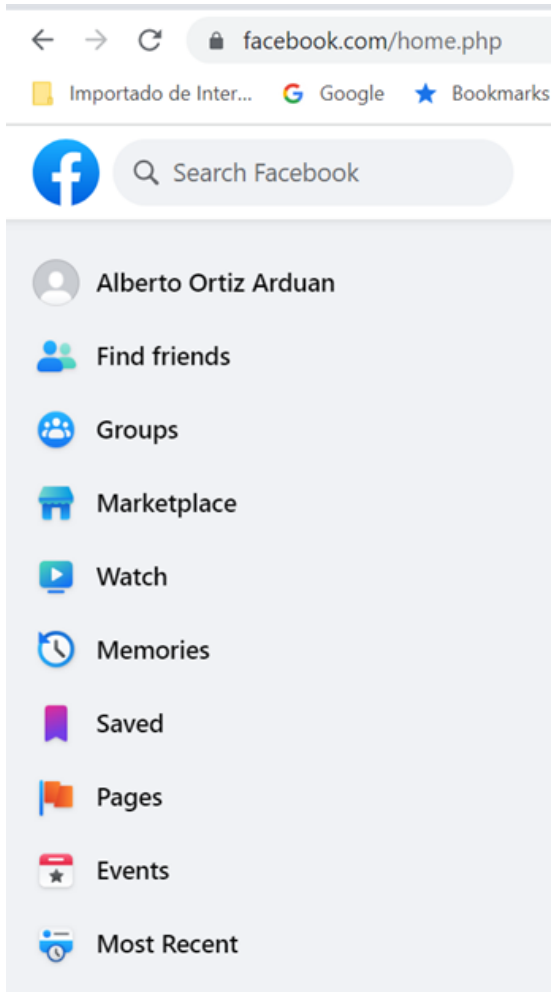
*consistent with FD and not fully explained by other pathology; [†]according to International guidelines of kidney disease, KDIGO criteria; [‡]In ml/min/1.73 m² corrected for age (>40 years: –1 ml/min/1.73 m²/year); [§]sinus bradycardia, AF, repolarization disorders; ERT = enzyme replacement therapy; GFR = glomerular filtration rate; MWT = maximal wall thickness; CNS = central nervous system; WMLs = white matter lesions; TIA = transient ischemic attack; GI = gastrointestinal.



**Microalbuminuria is
sooooo last century!**



That was then



This is now



That was **then**

This is **now**

Fabry Disease: Renal Involvement Limited to Podocyte Pathology and Proteinuria in a Septuagenarian Cardiac Variant. Pathologic and Therapeutic Implications

Shane M. Meehan, MD, Tipsuda Junsanto, MD, James J. Rydel, MD, and Robert J. Desnick, PhD, MD

Am J Kidney Dis. **2004** Jan;43(1):164-71.

N215S

At age **75** years

he had significant **proteinuria** (1 g/L),
mildly decreased renal function
(serum creatinine, 1.8 mg/dL)

presumably secondary to hypertensive arteriosclerosis.

Blood pressure 114/72 mmHg

At age **65**, **urinary protein** 0.3 g/L

UACR at least 500 mg/g
eGFR 36 ml/min/1.73 m²



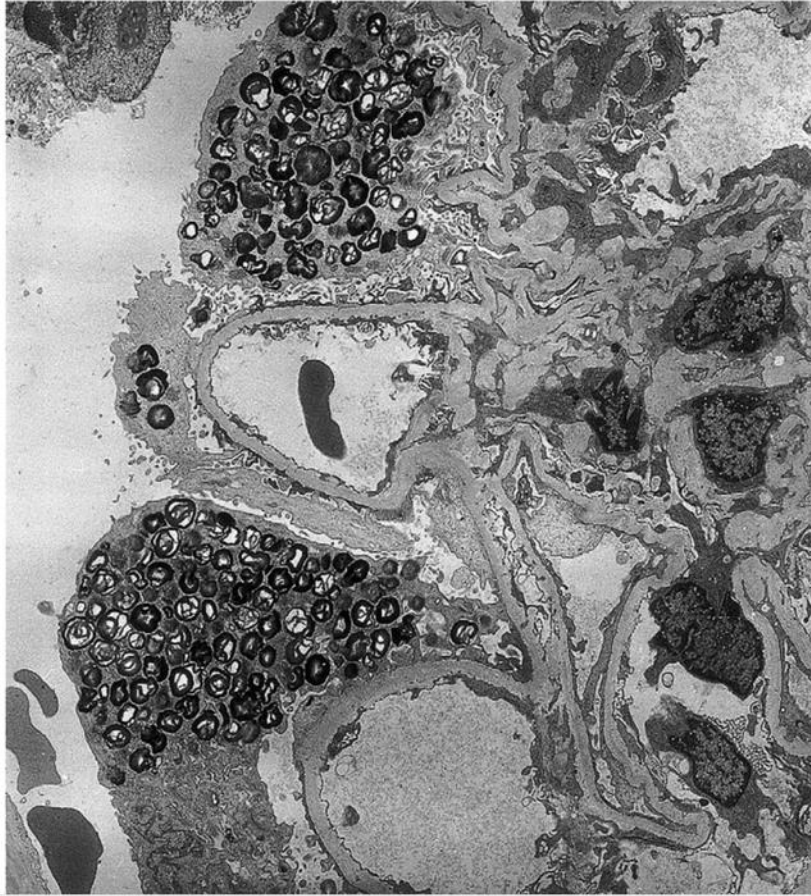


Fig 4. Electron microscopy shows abundant electron-dense myelin figures within the podocyte cytoplasm. The podocyte foot processes are largely effaced. These inclusions were absent from the glomerular and peritubular capillary endothelium, and vascular smooth muscle. (Original magnification $\times 5,700$)

Figure 1. Translation of chronic kidney disease (CKD) risk classes (as defined by KDIGO in 2012) into cardiovascular (CVD) risk classes as defined by the European Society of Cardiology in the 2021 guideline on CVD prevention. Numbers within cells represent prevalence in the general population.

			Albuminuria Categories (mg/g)		
			A1	A2	A3
			<30	30-299	≥300
GFR Categories (mL/min/1.73 m ²)	G1	>90	55.6%	1.9%	0.4%
	G2	60-89	32.9%	2.2%	0.3%
	G3a	45-59	3.6%	0.8%	0.2%
	G3b	30-44	1.0%	0.4%	0.2%
	G4	15-29	0.2%	0.1%	0.1%
	G5	<15	<0.1%	<0.1%	<0.1%

What is known?	What is new?
CKD severity	ESC 2021 CVD risk class
<ul style="list-style-type: none"> Mild CKD Moderate CKD Severe CKD 	<ul style="list-style-type: none"> High CVD risk Very high CVD risk

Figure 1. Translation of chronic kidney disease (CKD) risk classes (as defined by KDIGO in 2012) into cardiovascular (CVD) risk classes as defined by the European Society of Cardiology in the 2021 guideline on CVD prevention. Numbers within cells represent prevalence in the general population.

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	G4	15-29	0.2%	0.1%	0.1%
	G5	<15	<0.1%	<0.1%	<0.1%

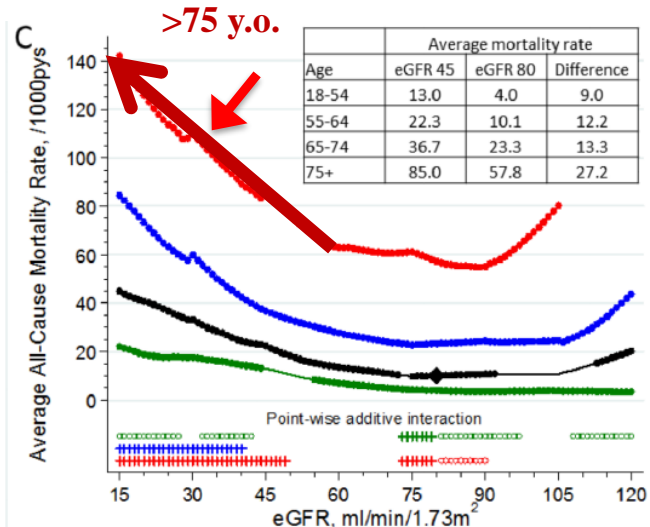
What is known?	What is new?
CKD severity	ESC 2021 CVD risk class
<ul style="list-style-type: none"> Mild CKD Moderate CKD Severe CKD 	<ul style="list-style-type: none"> High CVD risk Very high CVD risk

eGFR and risk of death in the elderly

JAMA. 2012 December 12; 308(22): 2349–2360. doi:10.1001/jama.2012.16817.

Age and the Association of Kidney Measures with Mortality and End-Stage Renal Disease

Stein I. Hallan, MD, PhD, Kunihiro Matsushita, MD, PhD, Yingying Sang, MS, Bakhtawar K.

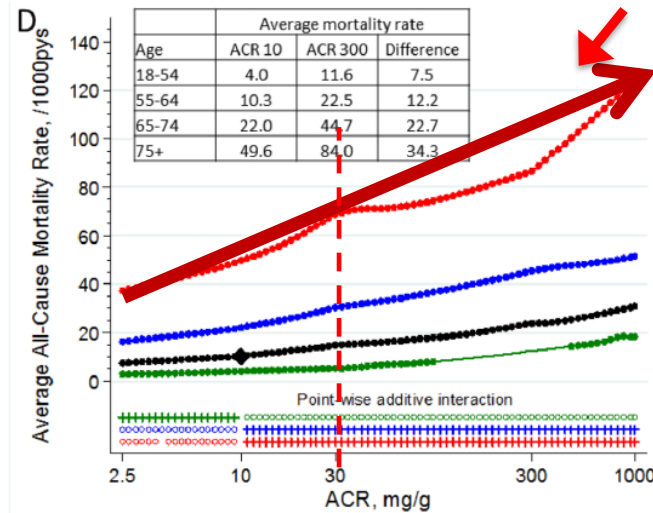


UACR and risk of death in the elderly

JAMA. 2012 December 12; 308(22): 2349–2360. doi:10.1001/jama.2012.16817.

Age and the Association of Kidney Measures with Mortality and End-Stage Renal Disease

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Why is the **death** risk
already increased at
GFR category **G1**?

GFR is normal!



Who is the killer?

This is an **easy** one!

~~GFR~~

If the GFR is normal.... then the killer must be...



Albuminuria
(proteinuria)

Mr GFR

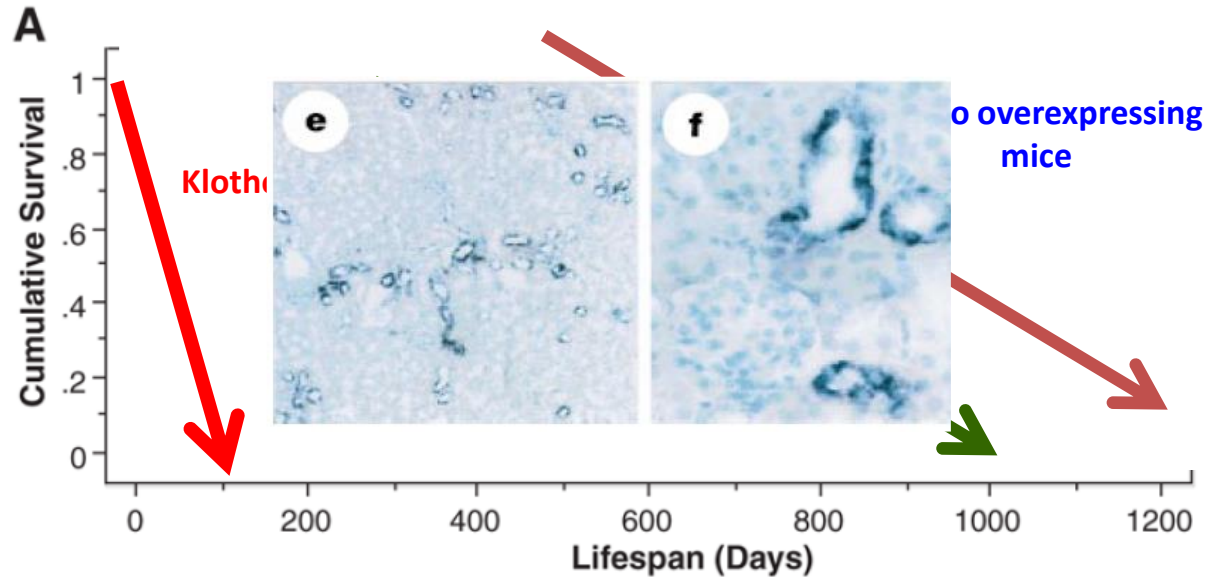
Detective

Miss Albuminuria

Suppression of Aging in Mice by the Hormone Klotho



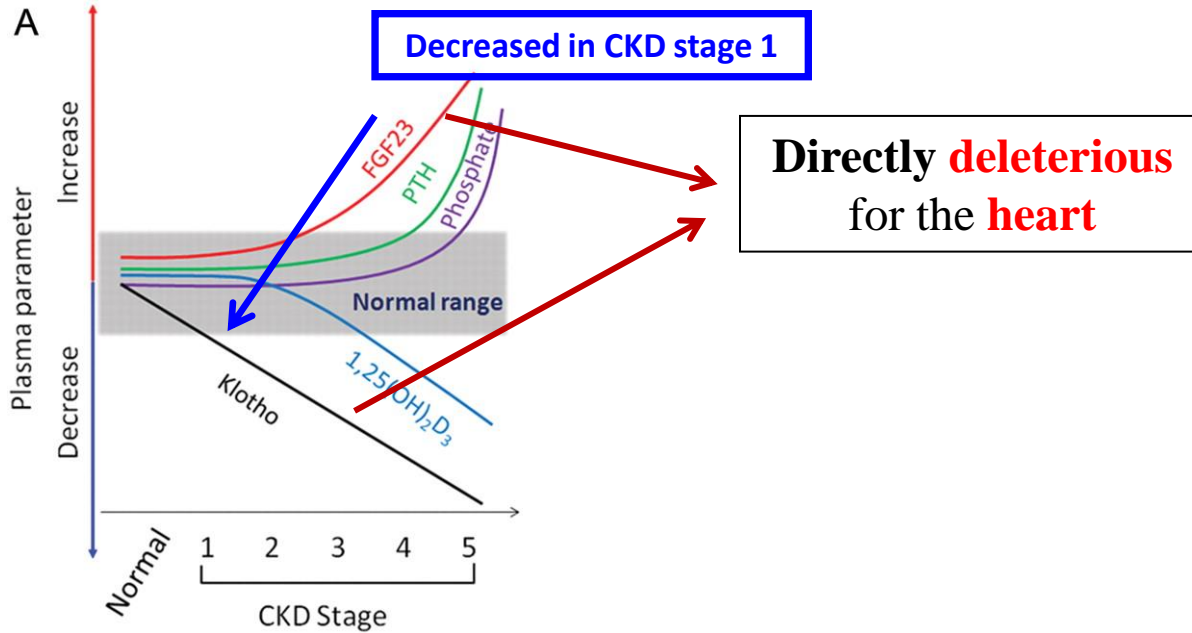
Hiroshi Kuros¹, Masaya Yamamoto¹, Jeremy D. Clark¹, Johanne V. Pastor¹, Animesh Nandi¹, Prem Gurnani¹, Owen P. McGuinness³, Hirotaka Chikuda⁴, Masayuki Yamaguchi⁴, Hiroshi Kawaguchi⁴, Ichihiro Shimomura⁵, Yoshiharu Takayama², Joachim Herz², C. Ronald Kahn⁶, Kevin P. Rosenblatt¹, and Makoto Kuro-o^{1,*}



Science. 2005 September 16; 309(5742): 1829–1833.

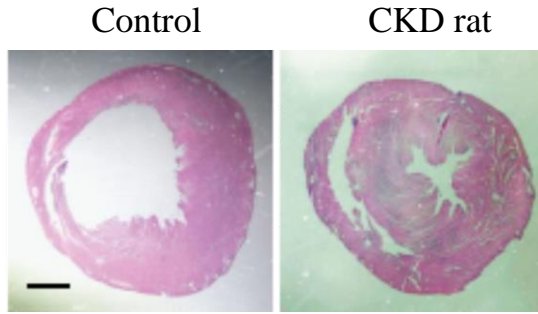
Kuro-o M. *Nature*. 1997

Bone mineral metabolism and CKD progression. Early decrease in Klotho and subsequent increase in FGF23

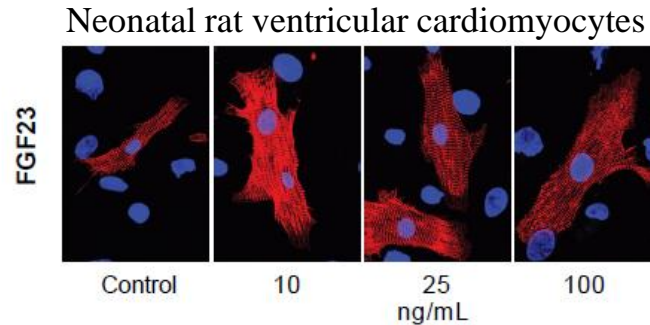


Hu M C et al. Nephrol. Dial. Transplant. 2012;27:2650-2657

FGF-23 promotes left ventricular hypertrophy

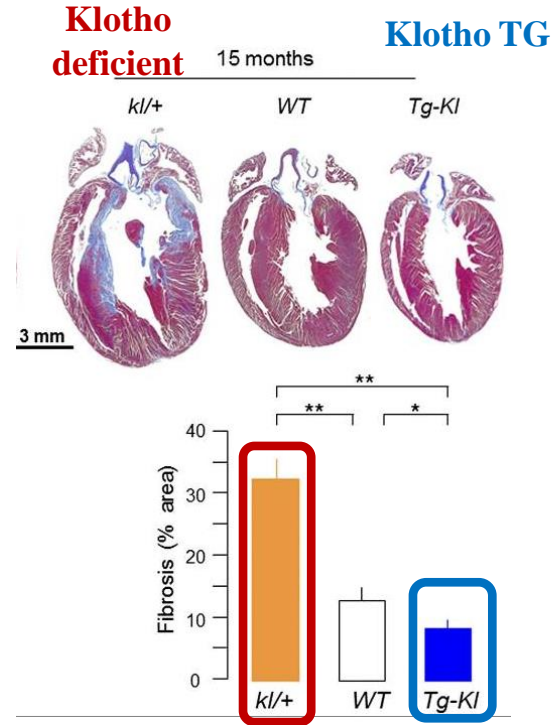
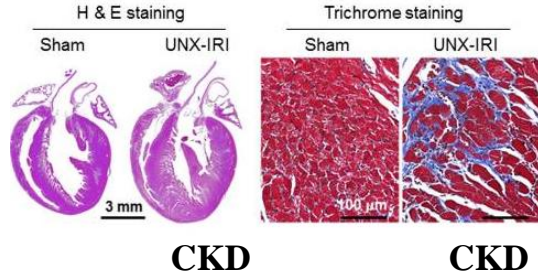


rat

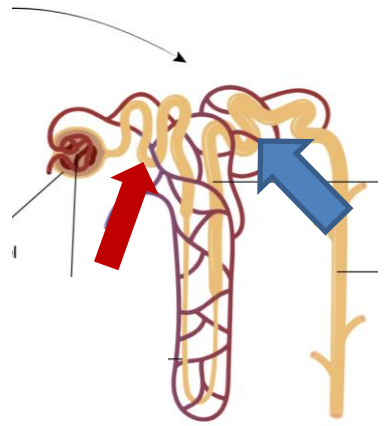
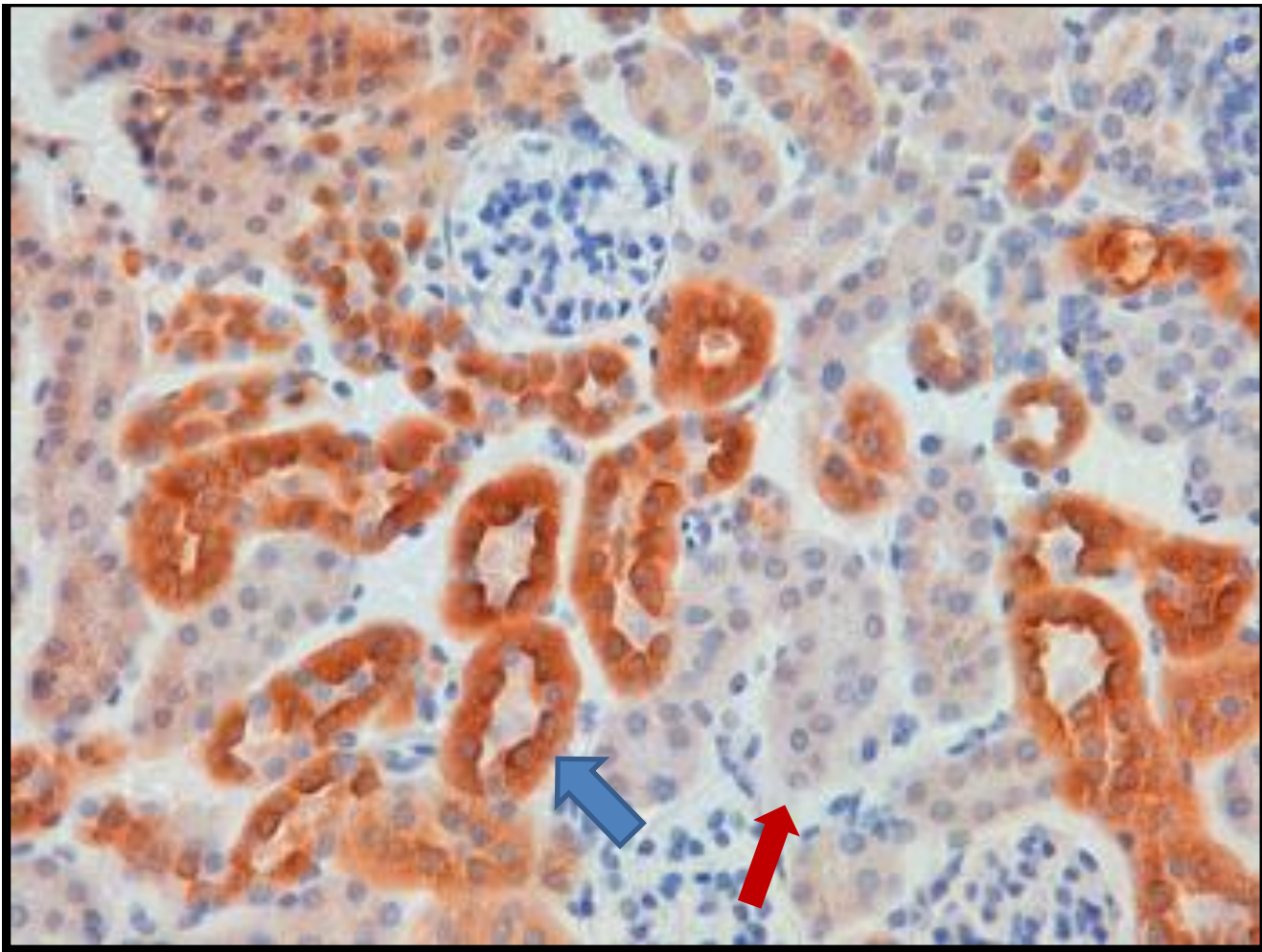


Klotho deficiency promotes cardiac fibrosis

CKD and heart hypertrophy and fibrosis



Why does **Klotho decrease** so **early** in the course of CKD?



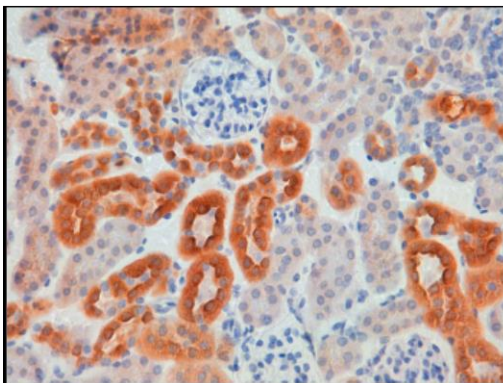
2018

Albumin downregulates Klotho in tubular cells

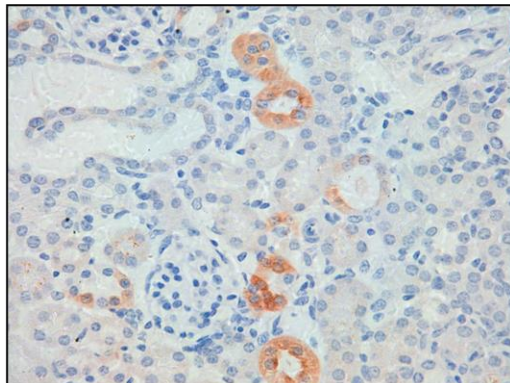
Beatriz Fernandez-Fernandez^{1,2,3,a}, M. Concepcion Izquierdo^{1,2,3,5,a}, Lara Valiño-Rivas^{1,2,3},
Dimitra Nastou⁴, Ana B. Sanz^{1,2,3}, Alberto Ortiz^{1,3,b} and Maria D. Sanchez-Niño^{1,2,3,b}

Cited by 69

Control



Albuminuria





ESC

European Society
of Cardiology

European Heart Journal (2021) 42, 3227–3337
doi:10.1093/eurheartj/ehab484

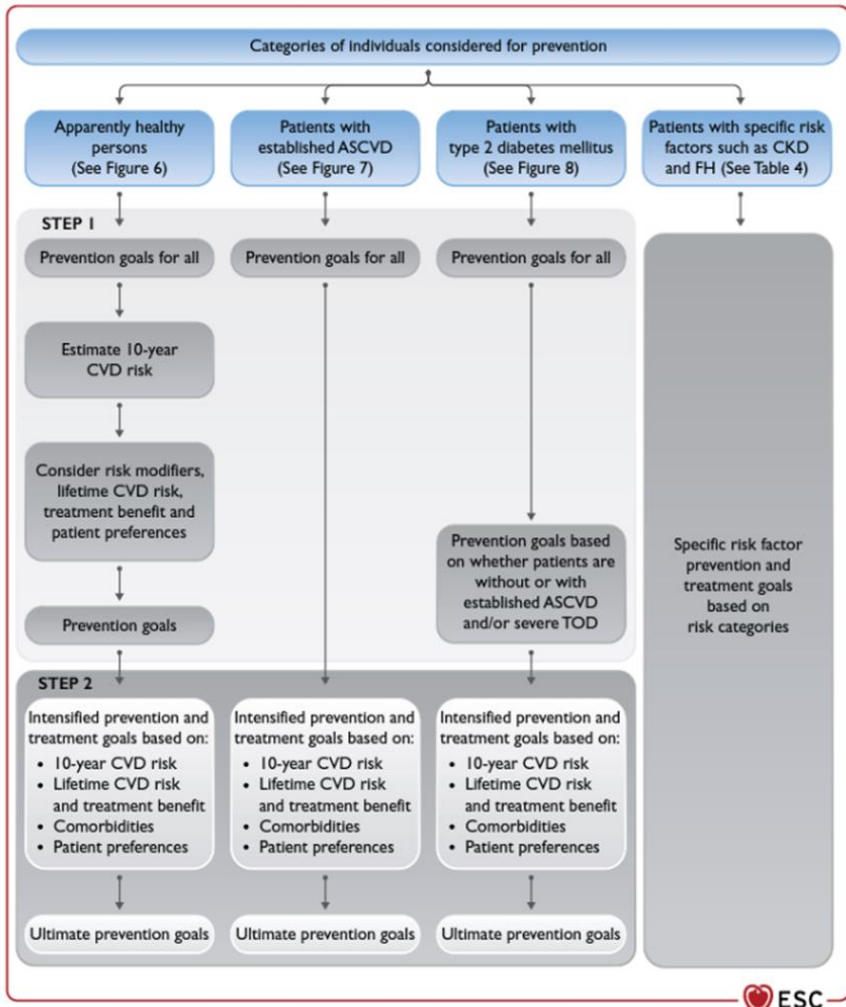
ESC GUIDELINES

2021 ESC Guidelines on cardiovascular disease prevention in clinical practice

Developed by the Task Force for cardiovascular disease prevention in clinical practice with representatives of the European Society of Cardiology and 12 medical societies

With the special contribution of the European Association of Preventive Cardiology (EAPC)

Considerar la evaluación oportunista o sistemática del riesgo cardiovascular en **varones de más de 40 años** o **mujeres de más de 50 años** o post menopáusicas



Categorize individuals considered for prevention



F
a
d
F



Categorize individuals considered for prevention

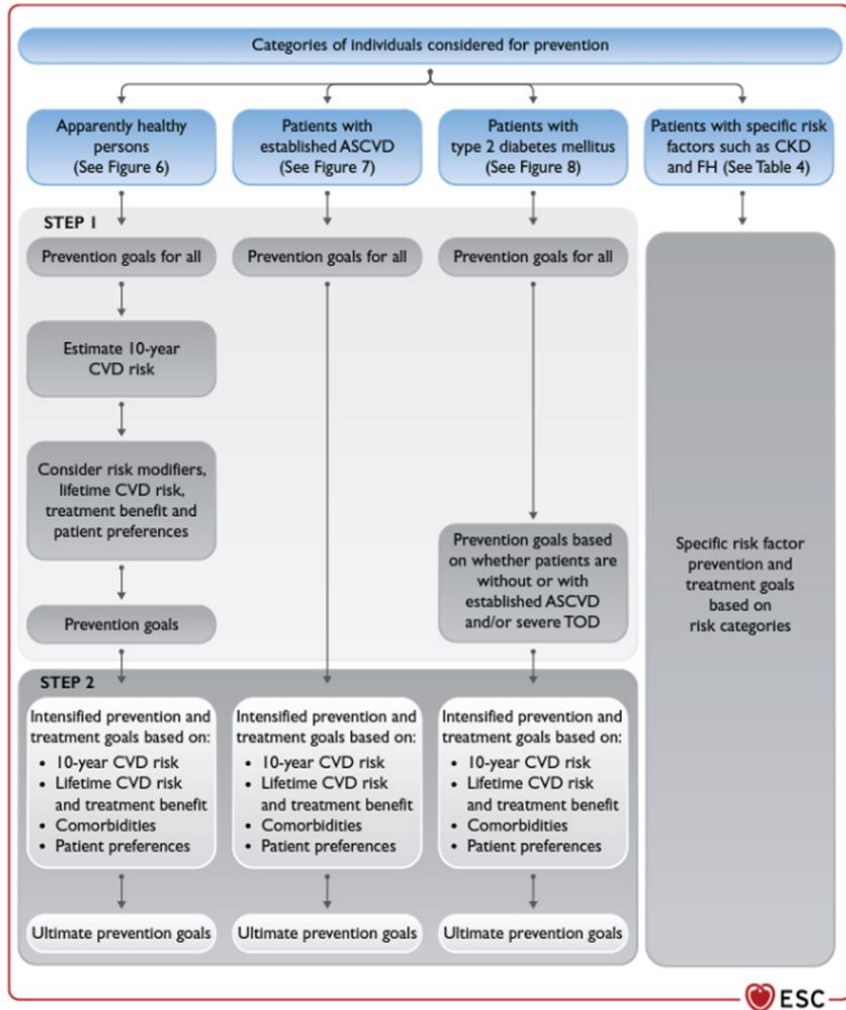
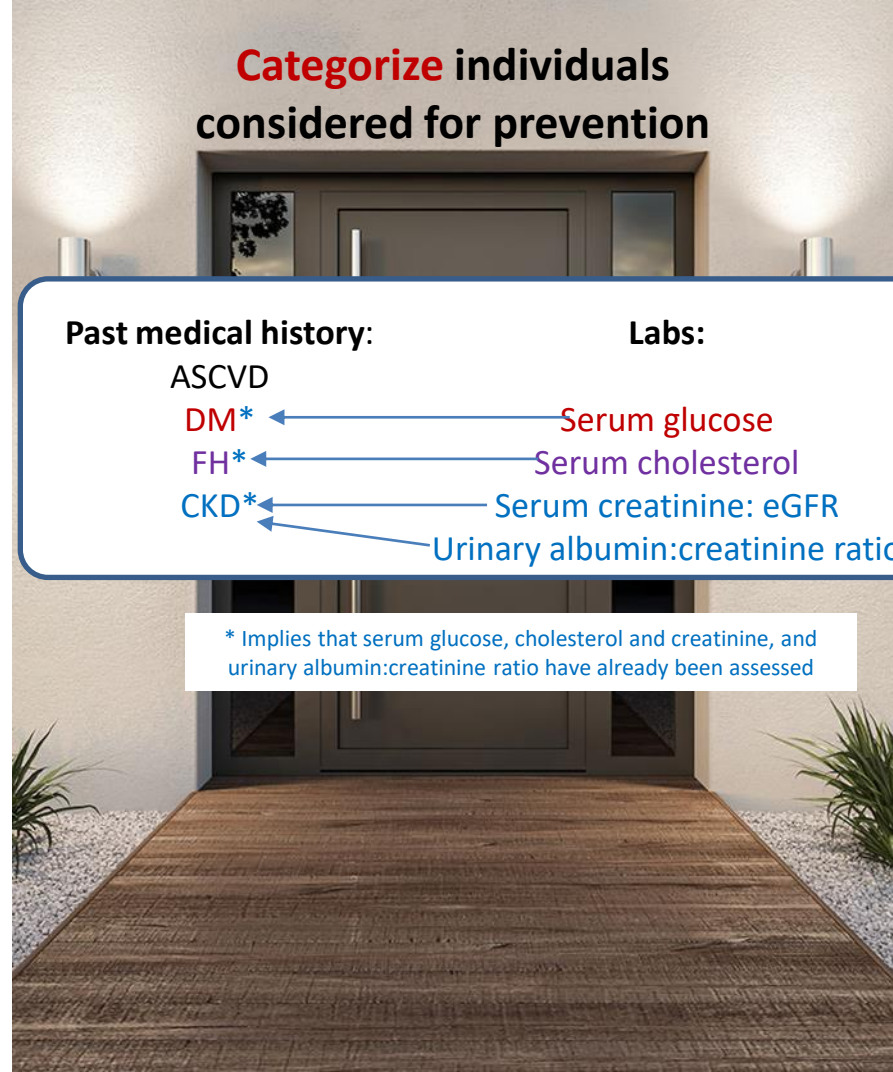
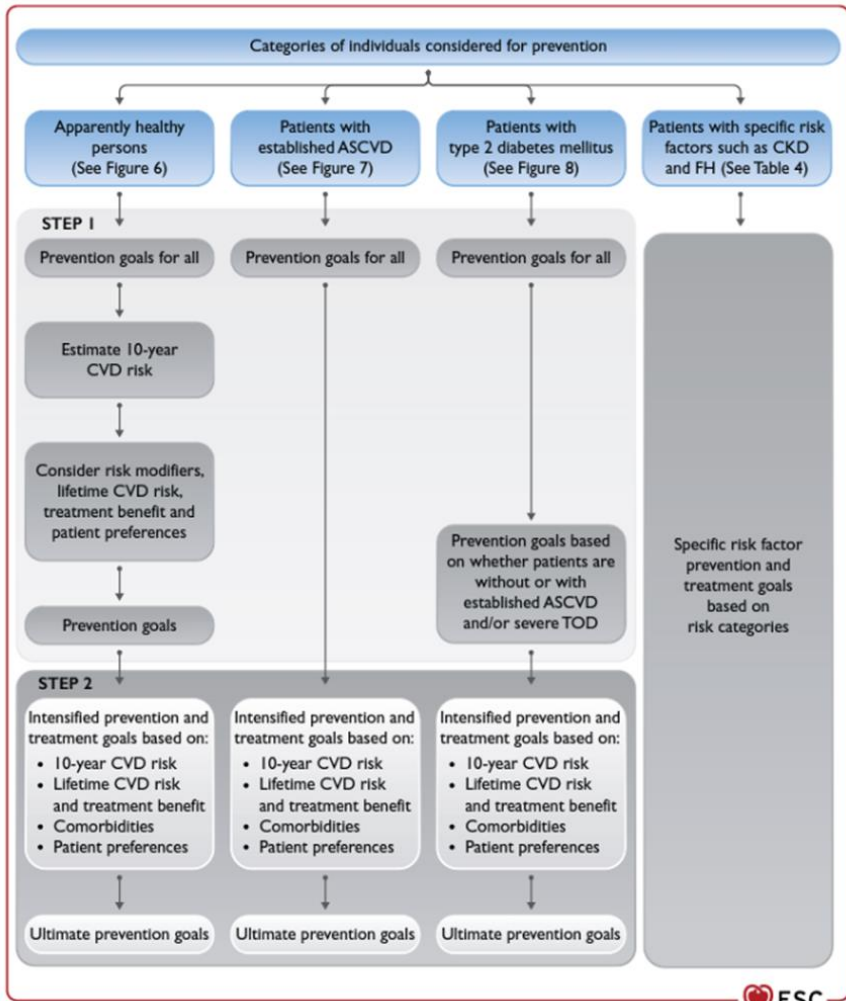


Figure 2. Examples of a stepwise approach to risk stratification and treatment options. ASCVD=atherosclerotic cardiovascular disease; CKD=chronic kidney disease; DM=diabetes mellitus; FH=familial hypercholesterolaemia; TOD=target organ damage



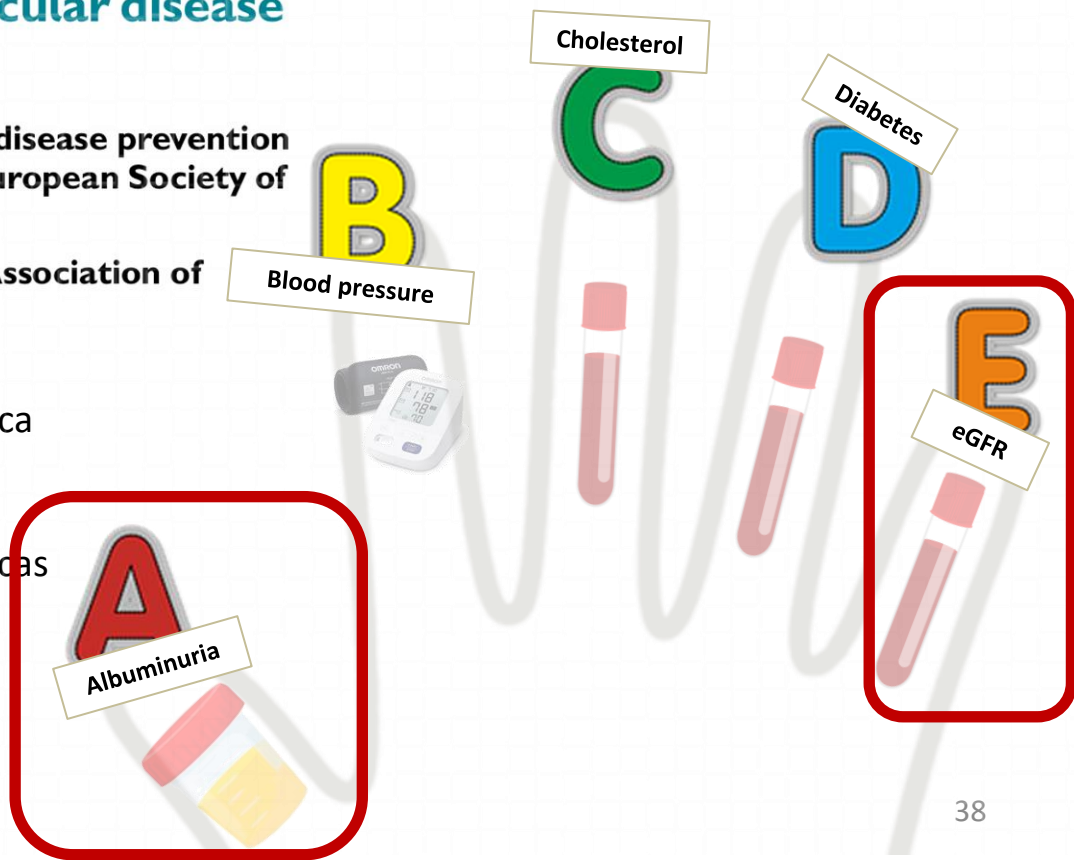


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We have diagnosed CKD....

What now?

Treatment of hyperglycaemia and ASCVD/cardiorenal risks

Metformin is recommended as first-line therapy, following evaluation of renal function, in the majority of patients without previous ASCVD, CKD, or HF.⁵⁸⁹

I

B

In persons with type 2 DM with ASCVD, metformin should be considered, unless contraindications are present.^{5,590–592}

IIa

B

Avoidance of hypoglycaemia and excessive weight gain should be considered.^{559,588,593}

IIa

B

In persons with type 2 DM and ASCVD, the use of a GLP-1RA or SGLT2 inhibitor with proven outcome benefits is recommended to reduce CV and/or cardiorenal outcomes.^{590–592}

I

A

In patients with type 2 DM and TOD,^c the use of an SGLT2 inhibitor or GLP-1RA with proven outcome benefits may be considered to reduce future CV and total mortality.^{594–597}

IIb

B

In patients with type 2 DM and CKD, the use of an SGLT2 inhibitor is recommended to improve ASCVD and/or cardiorenal outcomes.^{598,599}

I

A

In patients with type 2 DM and HFrEF, use of an SGLT2 inhibitor with proven outcome benefits is recommended to lessen HF hospitalizations and CV death.^{600,601}

I

A

In patients with type 2 DM but without ASCVD, HF, or CKD, use of an SGLT2 inhibitor or GLP-1RA should be considered based on estimated future risks (e.g. with the ADVANCE risk score or DIAL model) for adverse CVD or cardiorenal outcomes from risk factor profiles.⁶⁰²

IIa

B

©ESC 2021

Recommendations in patients with chronic kidney disease: best medical therapy



Recommendations

Treatment with an ACE inhibitor or an ARB is recommended in patients with DM, hypertension, and albuminuria. These medications should be titrated to the highest approved dose that is tolerated.

I

B

An SGLT2 inhibitor with proven outcome benefits should be considered for the prevention of renal deterioration and mortality in patients with CKD.

IIa

B

Combination treatment with ACE inhibitors and ARBs is not recommended.

III

C

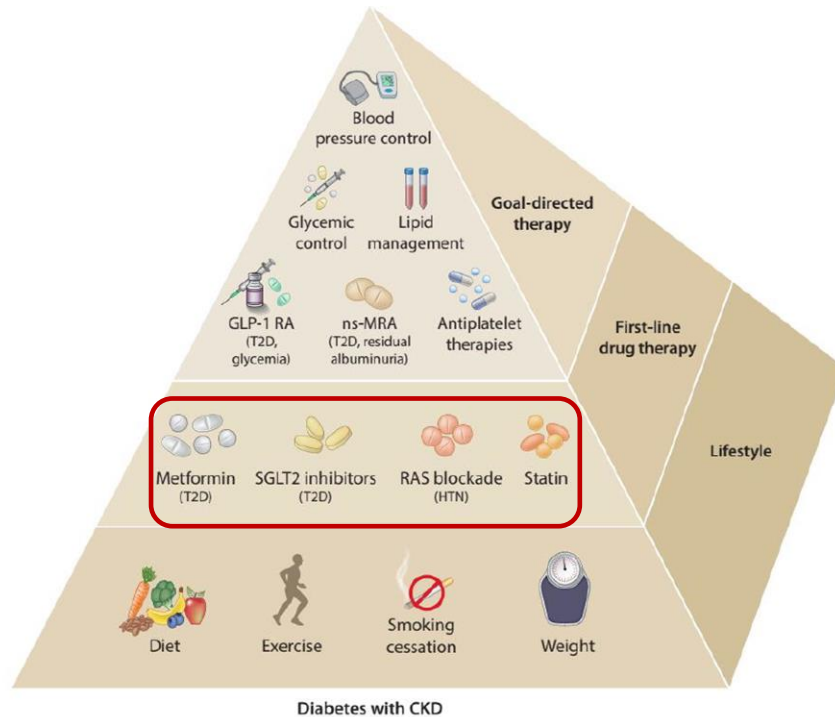
Treatment goals for different patient categories (1)

Patient category	Prevention goals (STEP 1)	Intensified/additional prevention goals ^a (STEP 2)
Patients with CKD	Stop smoking and lifestyle optimization SBP <140 down to 130 mmHg if tolerated ^b LDL-C <2.6 mmol/L (100 mg/dL) and ≥50% LDL-C reduction	LDL-C <1.8 mmol/L (70 mg/dL) in high-risk patients and <1.4 mmol/L (55 mg/dL) in very-high-risk patients (see Table 4)

Diabetes tipo 2

KDIGO 2022 CLINICAL PRACTICE GUIDELINE FOR DIABETES MANAGEMENT IN CHRONIC KIDNEY DISEASE (Public review version)

Figure 1. Kidney-heart risk factor management



Glycemic control is based on insulin for type 1 diabetes and a combination of metformin and SGLT2 inhibitors (SGLT2i) for type 2 diabetes. Metformin may be given when eGFR ≥ 30 ml/min per 1.73 m² and SGLT2i should be used when eGFR is ≥ 20 ml/min per 1.73 m². SGLT2i are recommended for patients with type 2 diabetes and chronic kidney disease (CKD). Renin-angiotensin system (RAS) inhibition is recommended for patients with albuminuria and hypertension. Aspirin generally should be used lifelong for secondary prevention among those with established cardiovascular disease and may be considered for

ORIGINAL ARTICLE

Dapagliflozin in Patients with Chronic Kidney Disease

Hiddo J.L. Heerspink, Ph.D., Bergur V. Stefánsson, M.D.,
Ricardo Correa-Rotter, M.D., Glenn M. Chertow, M.D., Tom Greene, Ph.D.,
Fan-Fan Hou, M.D., Johannes F.E. Mann, M.D., John J.V. McMurray, M.D.,
Magnus Lindberg, M.Sc., Peter Rossing, M.D., C. David Sjöström, M.D.,
Roberto D. Toto, M.D., Anna-Maria Langkilde, M.D., and David C. Wheeler, M.D.,
for the DAPA-CKD Trial Committees and Investigators*

Fabry Disease: Renal Involvement Limited to Podocyte Pathology and Proteinuria in a Septuagenarian Cardiac Variant. Pathologic and Therapeutic Implications

Shane M. Meehan, MD, Tipsuda Junsanto, MD, James J. Rydel, MD, and
Robert J. Desnick, PhD, MD

Am J Kidney Dis. **2004** Jan;43(1):164-71.

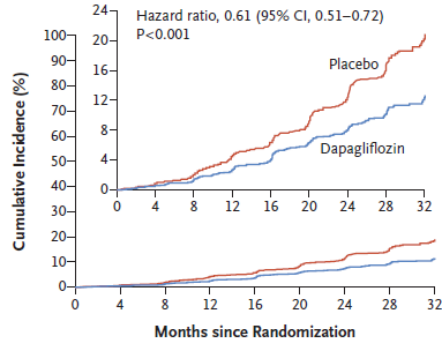
4304 participants, **diabetic** (67%) and **non-diabetic**

- eGFR 25-75 mL/min/1.73m²
- UACR 200-5000 mg/g
- randomized to dapagliflozin 10mg or placebo,

All the participants were required to be receiving a stable dose of an **ACE inhibitor or ARB** for at least 4 weeks before screening. However, participants who were documented to be unable to take ACE inhibitors or ARBs were allowed to participate.

sustained decline in the eGFR $\geq 50\%$, end-stage kidney disease, or death from renal or cardiovascular causes.

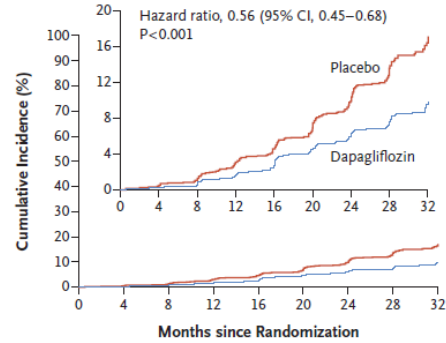
A Primary Composite Outcome



No. at Risk

Placebo	2152	1993	1936	1858	1791	1664	1232	774	270
Dapagliflozin	2152	2001	1955	1898	1841	1701	1288	831	309

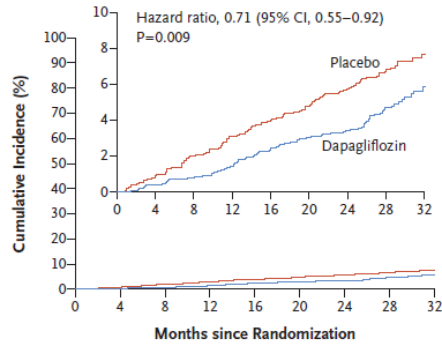
B Renal-Specific Composite Outcome



No. at Risk

Placebo	2152	1993	1936	1858	1791	1664	1232	774	270
Dapagliflozin	2152	2001	1955	1898	1841	1701	1288	831	309

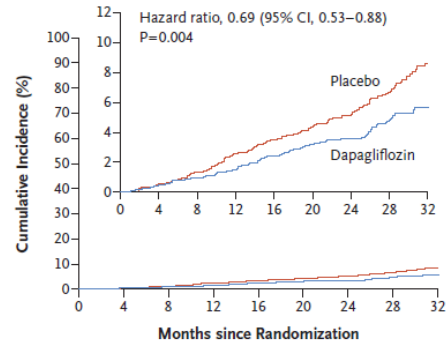
C Composite of Death from Cardiovascular Causes or Hospitalization for Heart Failure



No. at Risk

Placebo	2152	2023	1989	1957	1927	1853	1451	976	360
Dapagliflozin	2152	2035	2021	2003	1975	1895	1502	1003	384

D Death from Any Cause



No. at Risk

Placebo	2152	2035	2018	1993	1972	1902	1502	1009	379
Dapagliflozin	2152	2039	2029	2017	1998	1925	1531	1028	398

A pre-specified analysis of the DAPA-CKD trial demonstrates the effects of dapagliflozin on major adverse kidney events in patients with **IgA nephropathy**

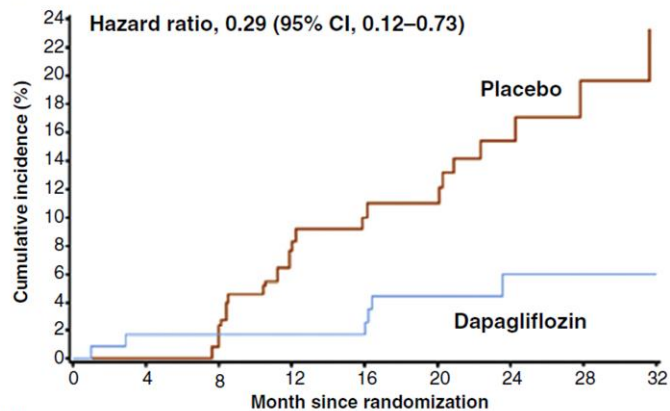


see commentary on page 24
OPEN

David C. Wheeler^{1,2}, Robert D. Toto³, Bergur V. Stefánsson⁴, Niels Jongs⁵, Glenn M. Chertow^{6,7}, Tom Greene⁸, Fan Fan Hou⁹, John J.V. McMurray¹⁰, Roberto Pecoits-Filho^{11,12}, Ricardo Correa-Rotter¹³, Peter Rossing^{14,15}, C. David Sjöström⁴, Kausik Umanath^{16,17}, Anna Maria Langkilde⁴ and Hiddo J.L. Heerspink⁵; for the DAPA-CKD Trial Committees and Investigators

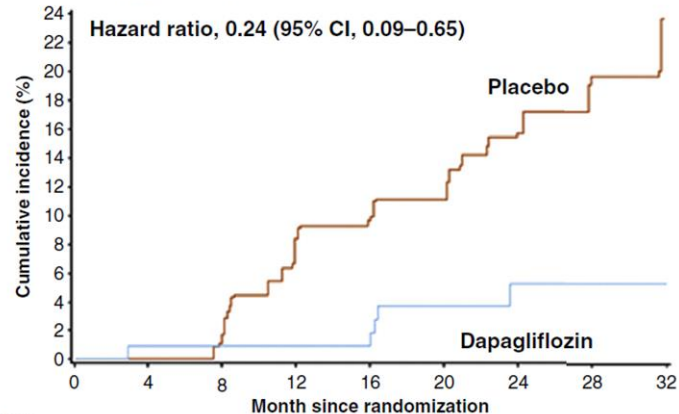
- N=270
- eGFR 25-75 mL/min/1.73m²
- UACR 200-5000 mg/g
- randomized to dapagliflozin 10mg or placebo,

Primary endpoint (IgA FAS)



No. at Risk	0	4	8	12	16	20	24	28	32
Dapagliflozin	137	107	106	105	104	93	61	43	17
Placebo	133	113	108	101	96	92	51	32	19

Renal endpoint (IgA FAS)



No. at Risk	0	4	8	12	16	20	24	28	32
Dapagliflozin	137	107	106	105	104	93	61	43	17
Placebo	133	113	108	101	96	92	51	32	19

Appendix A. Renal involvement

- Assessment: eGFR + albuminuria (UACR) ± renal biopsy
- Therapy
 - **Initiate** therapy for Fabry disease as **early** as possible

- All classical males



- Others with eGFR, UACR (>30 mg/g) or kidney biopsy evidence of kidney injury

- **Adjunctive** therapies

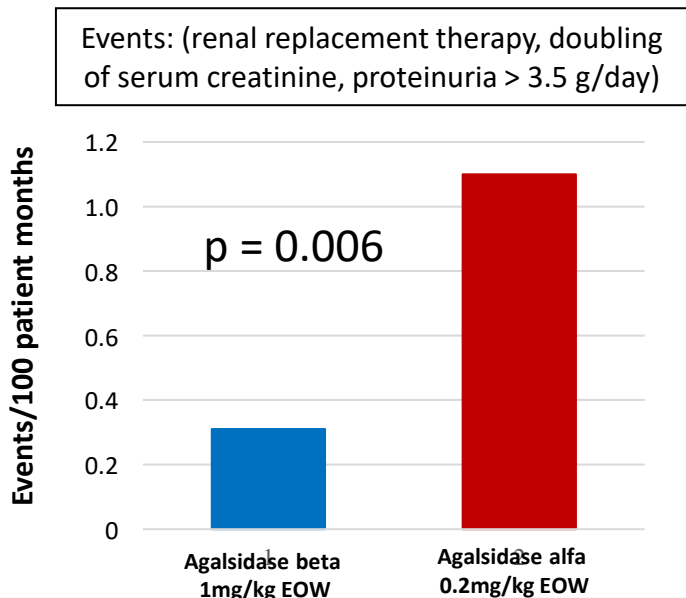
- Aggressive management of albuminuria: **RAS blockade**: initiated with the lowest possible dose administered at nighttime with subsequent titration according to therapeutic response

Consider **SGLT2 inhibition**

- It is reasonable to monitor **25OH-vitamin D** levels and to correct any observed nutritional vitamin D deficiency
- Specific management **recommendations for CKD** patients regarding blood pressure targets and statin therapy apply

CFDI: the Canadian Fabry Disease Initiative

10-year outcomes of an RCT of ERT¹



More renal events in males receiving agalsidase alfa than in males receiving agalsidase beta (1.1 vs 0.31 events/100 patient months **IRR 0.24** p = 0.006)

Estimated sample size: **600**

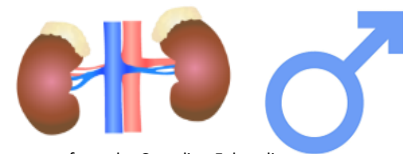
Enrolled: **132** patients

n = 56 agalsidase beta 1mg/kg/EOW

n = 76 agalsidase alfa 0.2mg/kg/EOW

Median follow-up: 99 mos
(range 5–123)

- Rates of cardiac or neurological events or death did not differ
- No difference in renal events, or in the rate of decline in eGFR in **females**



Sirrs SM, et al. Differential effects of agalsidase alfa and beta in Fabry outcomes: 10 year outcomes from the Canadian Fabry disease initiative. J Inher Metab Dis. 2018;41(Suppl 1):abstract P-373.

Image available from:

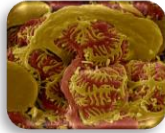
https://upload.wikimedia.org/wikipedia/commons/4/48/201405_kidney.png.

Statistical test, Safety outcomes were not reported in this abstract

IRR, incidence rate ratio.

Observational: Long-term dose-dependent agalsidase effects on kidney histology in Fabry disease

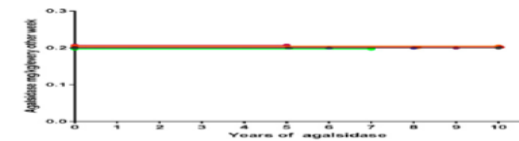
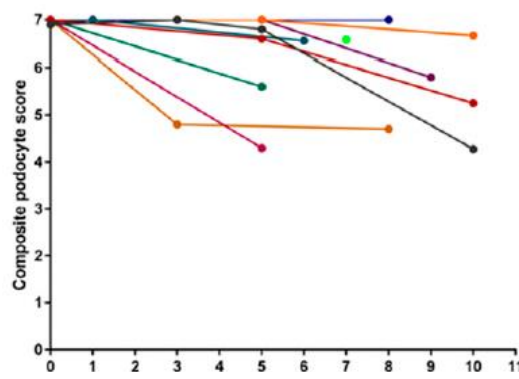
- Reduction of **podocyte Gb3** correlated with **cumulative dose**



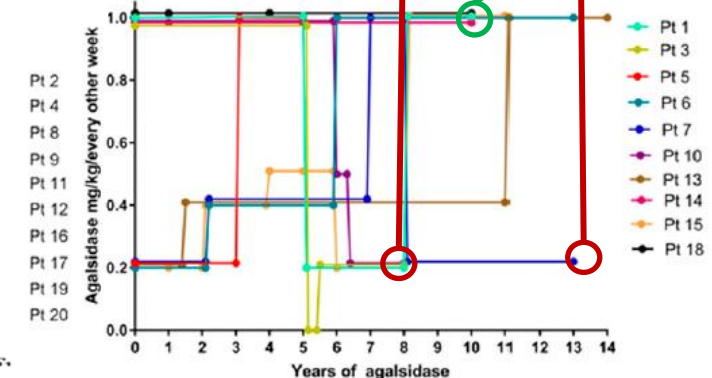
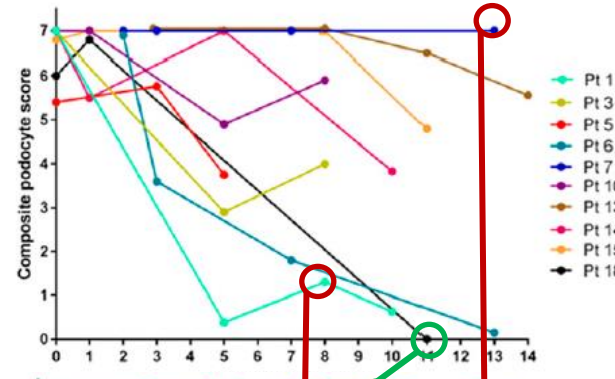
- Residual plasma **lyso-Gb3** correlated with **cumulative dose** in men

Endothelium cleared in all

Lower fixed-dose group



Higher dose group



Take home message

Are you
requesting
UACR to
all your
patients?

