

BAKIT IMPORTANTE ANG PROTEKSYON LABAN SA FLU?

Flu Prevention Can Protect You In Many Ways



It can keep you from getting sick⁽³⁾



It can reduce risk of hospitalization due to flu⁽³⁾



It can protect people with chronic health conditions⁽³⁾

REMEMBER: Our family is our topmost priority.

This flu season, protect yourself, your family, and your community against FLU!

TALK TO YOUR DOCTOR ABOUT FLU PREVENTION TODAY

References:

3. CDC. Vaccine Effectiveness. <https://www.cdc.gov/flu/vaccines-work/vaccineeffect.htm>. Accessed 23 February 2022

HINDI LANG YAN
BASTA
FLU

WAG LANG I-BASTA BASTA ANG FLU

Influenza is **not JUST** a common disease.
Pwede din ito maging sanhi ng
mas malalang sakit o kamatayan.⁽¹⁾

MABILIS MAKAHAWA ANG FLU

Kagaya mo, kahit sino pwedeng
mahawa dahil madaling kumalat
ang Flu sa pamamagitan ng⁽²⁾:



Coughing



Sneezing



Talking

IT'S A BIGGER THREAT TO HIGH-RISK PATIENTS

**Elderly, children, and people with
existing medical conditions are at
high-risk of complications**⁽²⁾:



Pneumonia



Cardiovascular
complications



Neurological
complications

References:

1. Ghebrehewet S et, al. BMJ 2016;355;i6258
2. CDC, 2020 ; Centers for Disease Control and Prevention (CDC). (2020h). Similarities and Differences

BAKIT IMPORTANTE ANG PROTEKSYON LABAN SA FLU?

Flu Prevention Can Protect You In Many Ways



It can keep you from getting sick⁽³⁾



It can reduce risk of hospitalization due to flu⁽³⁾



It can protect people with chronic health conditions⁽³⁾

REMEMBER: Our family is our topmost priority.

This flu season, protect yourself, your family, and your community against FLU!

TALK TO YOUR DOCTOR ABOUT FLU PREVENTION TODAY

References:

3. CDC. Vaccine Effectiveness. <https://www.cdc.gov/flu/vaccines-work/vaccineeffect.htm>. Accessed 23 February 2022